



# 32<sup>nd</sup> Annual Conference

Oct. 19-22, 2023

Rosen Shingle Creek Orlando

Joint Provided by FMDA – The Florida Society  
for Post-Acute and Long-Term Care Medicine  
and AMDA – The Society for Post-Acute  
and Long-Term Care Medicine

Held in collaboration with the Florida Chapters of  
Gerontological Advanced Practice Nurses Association,  
National Association of Directors of Nursing Administration,  
and Florida Geriatrics Society



- ♦ Nationally recognized speakers on cutting-edge issues that impact best practices ♦
- Excellent range of clinical topics ♦ Hear national leaders discuss the critical challenges in the post-acute and long-term care continuum ♦ Enhanced networking opportunities to establish and maintain relationships
- ♦ Earn continuing education credits for physicians, pharmacists, advanced practice nurses, nurse administrators, and nursing home administrators ♦ Medical directors earn credit hours toward CMD certification ♦ Consultant pharmacists earn recertification credit hours ♦

Oct. 19-22, 2023 ★ Rosen Shingle Creek Orlando ★



**EDUCATION COMMITTEE CHAIR/NURSE PLANNER:** Michelle A. Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC  
**PROGRAM DIRECTOR:** Kenya Rivas, MD, FAAFP, CMD; Vice Chair, Education Committee  
**AMDA LIAISON:** Robert Kaplan, MD, FACP, CMD; Past-Chair, ABPLM; Past-President, FMDA  
**NADONA LIAISON:** Sherrie Dornberger, RNC, GDCN, CDONA, FACDONA; Executive Director  
**FLORIDA CHAPTERS OF GAPNA LIAISON:** Michelle Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC; President, FL-GAPNA  
**FLORIDA GERIATRICS SOCIETY LIAISON:** F. Michael Gloth, MD, FACP, AGSF, CMD; President, FGS  
**CONSULTANT PHARMACIST LIAISON:** Rick Foley, PharmD, CPh, BCGP, FASC; Past-Chair, FL-ASCP

**COMMITTEE MEMBERS:** Shark Bird, MD, CMD, CWSP; Debra Danforth, DNP, APRN, FAANP; Marcia Gilkes, ARNP; Alfonso Gonzalez-Rodriguez, MD; Elizabeth Hames, DO, CMD; Laura Hardcastle, FNP, PMHNP; Elizabeth Hidlebaugh, MD; Leonard Hock Jr., DO, MACOI, CMD; Kimberly Jackson, PharmD, CPh; Brian Kiedrowski, MD, MBA, CPE; Simone Minto-Pennant, PharmD; Michelle

Moccia, DNP, ANP-BC, GS-C; Jennifer Moses, DNP, CRNP; Samantha Quigley, PharmD, CPh, BCGP; Jelinna-Marie Rances, PharmD, CPh; Rhonda L. Randall, DO; Michael Samarkos, PharmD; Bernardo Reyes, MD, CMD, AGSF; Diane Sanders-Cepeda, DO, CMD; Niharika Suchak, MBBS, MHS, FACP, AGSF; Angel Tafur, MD, CMD; Lauren Tafur, ARNP; Laurie Sheffield Workman, ARNP, DNS; Brianna Wynne, MD

## CONTINUING MEDICAL EDUCATION for PHYSICIANS (MDs and DOs) PHYSICIAN ASSISTANTS & ADVANCED PRACTICE NURSES

**Accreditation Statement:** This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.



**Credit Designation Statement:** AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of **25.5 AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity.

**CMD Credit Statement:** This live activity has been pre-approved by ABPLM for a total of **18\*** management hours and **8.5\*** clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the American Board of Post-Acute and Long-Term Care Medicine. Each physician should claim only those hours of credit actually spent on the activity. (\* Subject to change.)

This program has been approved by the Florida Board of Medicine, Florida Board of Osteopathic Medicine, and Florida Physician Assistants. CE Broker Program Tracking Number TBA.

**American Osteopathic Association Credit:** AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

## PHARMACIST CONTINUING EDUCATION

**General Pharmacist Credit:** The Association for Medication Education (AME) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for **24.5** contact hours. **Session 118 is NOT approved for pharmacist CE.** Each individual session of this conference has received a separate Universal Activity Number (UAN). For details related to learning objectives, speakers, and UAN numbers for each session, go to [www.bestcarepractices.org](http://www.bestcarepractices.org). ACPE credit is for pharmacists only.



**Florida Consultant Recertification:** Accreditation of the program for consultant pharmacist recertification is pending at the time of brochure printing. When further information is available, it will be posted at [www.bestcarepractices.org](http://www.bestcarepractices.org).

## CONTACT HOURS for ADVANCED PRACTICE NURSES, NURSE ADMINISTRATORS, FLORIDA LICENSED NURSES, and LONG-TERM CARE ADMINISTRATORS

This educational program has been submitted to Florida Association Directors of Nursing Administration/LTC – Florida Department of Health, Division of Medical Quality Assurance (Florida Board of Nursing/Florida Board of Nursing Home Administrator CE Broker Provider ID Number 50-682) for a total of **26\* contact hours** of continuing education and **25\* maximum participant hours**. This program has NOT been submitted to or approved by an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

\* Subject to rounding and final approval.

**Earn up to 25.5 / 25\* Contact Hours**



# Best Care Practices in the Post-Acute and Long-Term Care Continuum



# Annual Program Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: ▲ Advance Care Planning to End-of-Life ▲ Best Practices in Palliative Care and Hospice Services ▲ Cardiac Amyloidosis and Heart Failure Exacerbation Among Older Adults ▲ Case-Based Guidance on Topical Wound Treatments ▲ C. Difficile Muy Dificil – 2023 ▲ Clinical Team Assessment of Difficult Cases ▲ Diversity, Equity, and Inclusion ▲ Enhancing Heart & Brain Health in PALTC ▲ Geriatric Literature Review ▲ Legal Update for Health Care Practitioners ▲ Medicare Billing & Coding Update ▲ Medication Management and Best Practices in Transitions of Care ▲ National Leaders Forum ▲ National Trends in PALTC ▲ Portable Patient-Directed Doctor's Orders ▲ Psychotropic Stewardship ▲ Public Policy Update ▲ QA&A and QAPI ▲ Rapid Fire Presentations ▲ Red-Eye Rounds: Clinical Quandaries ▲ Regulatory Update ▲ Update on Geriatric Syndromes in LTC.

## Target Audience

This conference is designed to educate physicians, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing in LTC, registered nurses, and long-term care administrators, as well as geriatricians, primary care and home care physicians, physicians considering becoming long-term care medical directors, hospice medical directors, or home care medical directors, and others with an interest in PALTC and its continuum of care. The faculty includes national and regional authorities in the fields of post-acute and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

## Annual Program Objectives

*Upon completion of the Best Care Practices in the Post-Acute and Long-Term Care Continuum conference, participants should be able to:*

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Discuss the current and emerging national issues and public policy efforts of AMDA – The Society for Post-Acute and Long-Term Care Medicine, Gerontological Advanced Practice Nurses Association, and American Health Care Association.
4. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
5. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.

### POSTER SESSION SCHEDULE

2:05-3:05 p.m.; 5:25-6:55 p.m.

#### Friday, Oct. 20, 2023

Posters open at 2:05 p.m.  
Presenters required to attend both sessions

8-9 a.m.

11:45 a.m.-12:50 p.m.

6:45-7:55 p.m.

#### Saturday, Oct 21, 2023

Presenters encouraged to attend  
Presenters required to attend  
Recognition of Presenters

Go to [www.bestcarepractices.org](http://www.bestcarepractices.org) for more information on how to submit your poster.

### Convenient Conference Registration Options

- ✓ Mail the registration form on page 7 with the payment.
- ✓ Pay online with a credit card by going to [www.bestcarepractices.org](http://www.bestcarepractices.org).

*The Best Care Practices in the Post-Acute and Long-Term Care Continuum conference logo is a trademark of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine, Inc.*

# Best Care Practices in the Post-Acute and Long-Term Care Continuum



# 2023 Conference Agenda

## OPTIONAL PRE-CONFERENCE

**Thursday, Oct. 19**

7:45 a.m.-6 p.m. Registration & Information

### End-of-Life Workshop

Sessions 101-103

8:45 a.m.-12 p.m. **101 – The Journey from Advance Care Planning to End-of-Life (3 hours)**

◀ **Niharika Suchak, MBBS, MHS, FACP, AGSF**; Clinician-Educator and Associate Professor, Department of Geriatrics, Florida State University College of Medicine (FSUCOM); Director, Interprofessional Education, FSUCOM; Education Director, Geriatrics, FSUCOM; Director of Medical Education and Research, Big Bend Hospice, Tallahassee, FL

1:15-2:15 p.m. **102 – Advance Care Planning with Portable Patient-Directed Doctor's Orders (1 hour)**

◀ **Leonard R. Hock Jr., DO, MACOI, CMD**; Palliative Physician; Past-President, FMDA

2:25-3:25 p.m. **103 – Panel Discussion: Best Practices in Palliative Care and Hospice Services (1 hour)**

◀ **Joseph Shega, MD**; Executive Vice President and Chief Medical Officer, VITAS; Associate Professor of Medicine, University of Central Florida; Co-Managing Editor, *Essential Practices in Hospice and Palliative Medicine*

◀ **David Thimons, MD**; Founder and CEO, The Rose Program

### START OF CONFERENCE

3:35-4:35 p.m. **104 – Cardiac Amyloidosis As a Reason for Heart Failure Exacerbation Among Older Adults: The Impact of its Increasing Diagnosis in PALTC (1 hour)**

◀ **David G. Wolinsky, MD, FACC, MASNC**; Cleveland Clinic Florida, Weston Hospital, Weston, FL

4:45-5:45 p.m. **105 – Diversity, Equity, and Inclusion – In Pursuit of Belonging (1 hour)**

◀ **Diane Sanders-Cepeda, DO, CMD**; Senior Medical Director, UnitedHealthcare; President, FMDA

5:50-6:50 p.m. **106 – CME Dinner Program\*\***  
**Can We Improve Management of Overactive Bladder in LTC? Examining the Role of Beta-3 Adrenergic Agonists**

This activity is supported by an educational grant from Urovant Sciences, Inc.

**CME Credit Verbiage\*\***: PeerView Institute of Medical Education to provide 1.0 CME/NCPD/AAPA/IPCE credit to all those eligible to receive credit. A Post-Test/Evaluation must be completed within 60 days of the educational program to obtain credit. A link to the

Post-Test/Evaluation will be provided during the educational program and/or can be obtained by contacting the Florida Society for PALTC Medicine or by emailing Meetings@PeerView.com. All credit certification will be sent via email.

**Friday, Oct. 20**

7:45-8:30 a.m. **FMDA Annual Membership Meeting**

8:35-8:45 a.m. **President's Welcome**

– Diane Sanders-Cepeda, DO, CMD

8:45-9:45 a.m. **107 – Keynote Address (1 hour)**

◀ **Leonard R. Hock Jr., DO, MACOI, CMD**; Palliative Physician; Past-President, FMDA

9:50-10:50 a.m. **108 – Legal Update for Practitioners (1 hour)**

◀ **Gregory A. Chaires, Esq.**; Chaires, Brooderson & Guerrero, P.L.

10:55-11:55 a.m. **109 – Psychotropic Stewardship - Phase 3 Guidance and Beyond (1 hour)**

◀ **Rick Foley, PharmD, CPh, BCGP, FASCP**; Senior Manager, Clinical Services LTC, Omnicare

◀ **Elizabeth Hidlebaugh, MD**; Board-Certified Internist and Geriatrician, AMDG Naples 100 Senior Concierge and Consulting, Naples, FL; Assistant Professor, Immokalee Training Site, Department of Geriatrics, Florida State University College of Medicine

12-1 p.m. **Product Theater Lunch (non-CME/CPE/CE)**  
**Recognizing and Treating Tardive Dyskinesia in Long-Term Care**  
– Sponsored by Neurocrine.

1-2 p.m. **110 – Script for Filling the Gap: The Importance of Medication Management and Best Practices in Transitions of Care (1 hour)**

◀ **Mary Lomberg, PharmD, BCACP, CPh**; Transitions of Care Clinical Pharmacist, BayCare Health Systems, Safety Harbor

◀ **Michael Samarkos, PharmD, CPh**; Regional Director, Clinical & Consultant Services, Guardian Pharmacy of Orlando



**ROSEN SHINGLE CREEK®**



◀ **Mark D. Solomon, BS, MA, NHA**;

Corporate Director of Compliance, Avante Group

◀ **Jacqueline Vance, RNC, BSN, CDONA/LTC, FADONA, IP-BC, CDP, ASCOM, LBBP**; Senior Director, Clinical Innovation and Education Mission Health Communities, Tampa; President, Board of Directors, National Transitions of Care Coalition

2:05-3:05 p.m. **Grand Opening of Trade Show and Poster Presentations**

3:15-4:15 p.m. **111 – The Sum Is Greater Than the Parts: Mitigating the Risk – Utilization Review Results of a 1-Year SNF Clinical Team Assessment of Difficult Cases (1 hour)**

◀ **Brian Kiedrowski, MD, CMD**; Chief Medical Officer; Catholic Health Systems, South FL

◀ **Maria Clyce, PharmD**; Director of Pharmacy, Catholic Health Systems, South FL

◀ **Bertha Carrion, ARNP**; Clinical Manager, Optum Health, Southeast FL

◀ **Gregory James, DO, MPH, CMD**; Senior Medical Director, Optum Health

4:20-5:20 p.m. **112 – An Update on Geriatric Syndromes in LTC (1 hour)**

◀ **Milta Oyola Little, DO, CMD**; Associate Professor, Geriatric Medicine, Duke University School of Medicine; President, AMDA

5:25-6:55 p.m. **Exhibit Hall Welcome Reception**

Refreshments sponsored by:

**VITAS Healthcare – 32<sup>nd</sup> Annual Diamond Sponsor**

\* **Product Theaters** – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.

## Best Care Practices in the Post-Acute and Long-Term Care Continuum

# 2023 Conference Agenda

7-8 p.m. **Product Theater Dinner** (non-CME/CPE/CE) – TBA

## Saturday, Oct. 21

8-9 a.m. **Continental Breakfast in Exhibit Hall with Trade Show and Poster Presentations, Sponsored by:**

VITAS Healthcare – 32<sup>nd</sup> Annual Diamond Sponsor

9-9:05 a.m. **Greetings from AMDA Executive Director**  
Michelle Zinnert, CAE

9:10-10:40 a.m. **113 – National Leaders Forum (1.5 hours)**

- ◀ **AMDA President Milta Little, MD, CMD**; Associate Professor, Geriatric Medicine, Duke University School of Medicine
- ◀ **GAPNA President Jennifer L. Kim, DNP, GNP-BC, GS-C, FNAP, FAANP**; Professor of Nursing, Vanderbilt School of Nursing
- ◀ **David Gifford, MD**; Senior VP of Quality & Regulatory Affairs, American Health Care Association

10:45-11:45 a.m. **114 – National Trends in PALTC (1 hour)**

- ◀ **Rhonda Randall, DO**; EVP & Chief Medical Officer, UnitedHealthcare Employer & Individual; Past-President and Chair, FMDA

11:45 a.m.-12:50 p.m. **Break in Exhibit Hall with Trade Show and Poster Presentations**

12:50-1:50 p.m. **Product Theater Lunch** (non-CME/CPE/CE)

**Agitation Associated with Dementia Due to Alzheimer's Disease: An Expert Discusses Treatment Considerations and Current Guidelines**  
Sponsored by Otsuka America Pharmaceutical, Inc., and Lundbeck.

1:50-2:50 p.m. **115 – AMDA Public Policy Update (1 hour)**

- ◀ **Alex Bardakh, MPP, PLC, CAE**; Senior Director, Advocacy and Strategic Partnerships, AMDA – The Society for Post-Acute and Long-Term Care Medicine

2:55-3:55 p.m. **116 – STATE AHCA Regulatory Update (1 hour)**

- ◀ **Kimberly R. Smoak, MSH, QIDP**; Deputy Secretary, Division of Health Quality Assurance, Florida's Agency for Health Care Administration



4-5:30 p.m. **117 – QA&A and QAPI: Driving the Call to Action (1.5 hours)**

- ◀ **Administrator – Brian Smith, LNHA**; Chief Operating Officer, Ashton Health, Tampa
- ◀ **Director of Nursing – Jen Lawrence, MSN, MBA, NHA, RN**; Chief Nursing Officer, Aston Health, Tampa
- ◀ **Risk Manager – Coeleen Bender, MSN, RN**; Divisional VP of Clinical Services, Aston Health
- ◀ **IP Nurse – Kelly Ratanasurakarn, BSN, RN**; Director of Informatics Nursing, Aston Health, Tampa
- ◀ **Pharmacist – Rick Foley, PharmD, CPh, BCGP, FASCP**; Senior Manager, Clinical Services LTC, Omnicare
- ◀ **Medical Director – Axel Martinez, MD, Aston Health**

5:40-6:40 p.m. **CONCURRENT SESSIONS (1 hour)**

**118 – Medicare Billing & Coding Update**

- ◀ **Chuck Crecelius, MD, CMD**

**119 – From Novice to Expert: Rapid Fire Presentations**

6:45-7:55 p.m. **President's Wine & Cheese Reception**  
Sponsored by Optum.

## Sunday, Oct. 22

55-minute sessions = 1.0 CME, 0.9 CEUs;

80-minute Session=1.5 CMEs/1.33 CEUs hours)

6:45-7:45 a.m. **Conference Planning Committee Review & Wrap-up Breakfast Meeting**

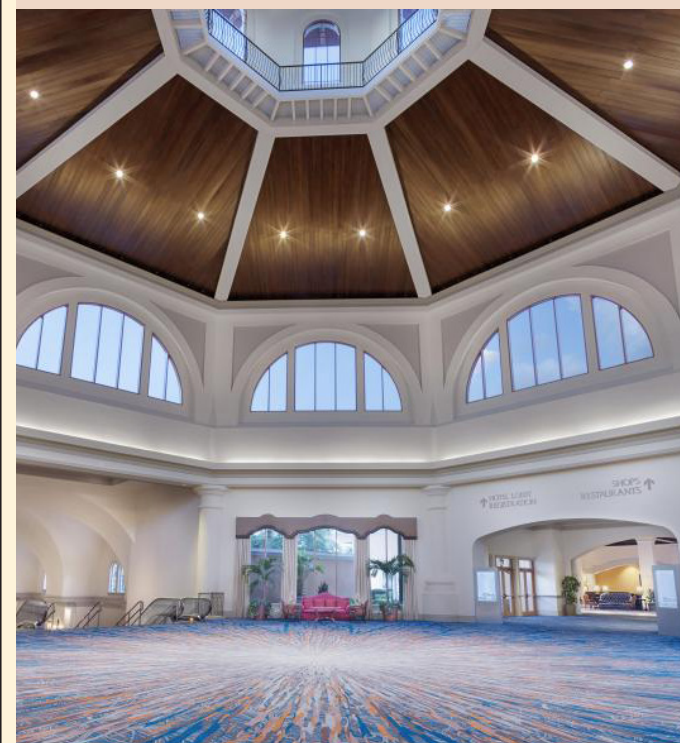
7:20-9 a.m. **Continental Breakfast**

7:45-8:40 a.m. **120 – Red-Eye Rounds: PALTC & Geriatrics Clinical Quandaries (1.0 / 0.9 hour)**

- ◀ **Naushira Pandya, MD, CMD, FACP**; Professor and Chair, Department of Geriatrics, Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University; Project Director, NSU's South Florida Workforce Enhancement Program; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine
- ◀ **Laurie Workman, DNP, APRN**; HouseCalls Nurse Practitioner, Optum
- ◀ **Simone Minto-Pennant, PharmD, BCPS, CPh**; Pharmacy Consultant, Alwyn C. Cashe State Veterans' Nursing Home

8:45-10:05 a.m. **121 – Geriatric Literature Review (1.5 / 1.33 hours)**

- ◀ **Niharika Suchak, MBBS, MHS, FACP, AGSF**; Clinician-Educator and Associate Professor, Department of Geriatrics, Florida State University College of Medicine (FSUCOM); Director, Interprofessional Education, FSUCOM; Education Director, Geriatrics, FSUCOM; Director of Medical Education and Research, Big Bend Hospice, Tallahassee, FL



10:10-11:05 a.m. **122 – Enhancing Heart and Brain Health in PALTC (1.0 / 0.9 hour)**

- ◀ **Jeanne Y. Wei, MD, PhD**; Executive Director, Reynolds Institute on Aging; Professor and Chairperson, Reynolds Department of Geriatrics, University of Arkansas for Medical Sciences

11:15-12:10 p.m. **123 – C. Difficile Muy Difícil – 2023 (1.0 / 0.9 hour)**

- ◀ **David A. LeVine, MD, CMD**; Medical Director and Chief Medical Officer, Menorah Manor, St. Petersburg, FL

12:15-1:15 p.m. **124 – OMG...What Can I Put on That? Case-Based Practical Guidance on Topical Wound Treatments (1.0 hour)**

- ◀ **Shark Bird MD, CMD**; Chief Medical Officer, Vohra Wound Physicians
- ◀ **Janet Mackenzie, MD**; Chief Medical Officer, Vohra Wound Physicians

1:15 p.m. — **END OF CONFERENCE**  
Announcements, Door Prizes, etc.

– Please note that the speakers and topics for this meeting are subject to change without notice.

*\* Product Theaters – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.*

## Best Care Practices in the Post-Acute and Long-Term Care Continuum



# Workshops & Hotel Reservations

## **PRE-CONFERENCE: End-of-Life Workshops**

**Thursday, Oct. 19, 2023**

**8:45 a.m.-12 p.m. 101 – The Journey from Advance Care Planning to End-of-Life (3 hours)**

◀ **Niharika Suchak, MBBS, MHS, FACP, AGSF**

**Overview:** Implied consent plays a role in routine patient encounters. When a complex or unplanned discussion or situation occurs, express consent or informed consent should be obtained from the patient. Decision-making capacity is a prerequisite to and integral component of informed consent. The advance care planning process — of which an advance directive is only one part — involves discussion of personal values and complex hypothetical health issues within the context of informed consent. It should include the use of a framework for assessing decision-making capacity, and will lay a strong foundation for the discussion of advance care planning and goals of care. As a person's health status changes over time, there may be a need to estimate and communicate prognosis periodically. Impairment in functional status is weighted heavily in the estimate of prognosis. The practicing clinician should be familiar with common methods of estimating prognosis and the relevance of functional status as a component of prognostication. Application of a structured approach is key to an effective conversation about goals of care, prognosis, serious illness, and/or shared decision making. An enhanced understanding of a palliative care approach, major criteria for hospice eligibility, and differentiation between the four levels of hospice care will allow the clinician to consider, discuss, and utilize these healthcare service options in a person-centered manner. This 3-part knowledge- and skills-based workshop will add to a healthcare professional's clinical repertoire using interactive modalities of instruction and engagement as well as application of knowledge and demonstration of skills. Participants will be empowered to apply these skills in future patient encounters.

**1:15-2:15 p.m. 102 – Advance Care Planning with Portable Patient-Directed Doctor's Orders (1 hour);** ▶ **Leonard R. Hock Jr., DO, MACOI, CMD**

**2:25-3:25 p.m. 103 – Panel Discussion: Best Practices in Palliative Care and Hospice Services (1 hour);** ▶ **Joseph Shega, MD** and ▶ **David Thimons, MD**

**TARGET AUDIENCE:** Physicians • Advanced Practice Nurses • Pharmacists • Physician Assistants • Directors of Nursing / ADONs • Administrative Nurses • Long-Term Care Administrators

**SPACE IS LIMITED:** Workshops are optional and not included in your full registration fee.

## **In Appreciation of Our Sponsors**

(As of July 7, 2023)

**VITAS Healthcare – 32<sup>nd</sup> Annual “Diamond” Sponsor**

**Product Theaters sponsored by: Neurocrine, Otsuka/Lundbeck, Pfizer**

**Optum – Bronze Grande Support**

**Teva – Bronze Grande Support**

**Urovant – Gold Grande Support & CME Dinner**

**VITAS Healthcare – Saturday's Continental Breakfast**

**VITAS Healthcare – Friday's Welcome Reception in the Exhibit Hall**

**Optum – Wine & Cheese Reception**



## **Conference Hotel Headquarters**

Rising above the horizon stands Rosen Shingle Creek® Orlando, a sight welcoming you to experience the personal touch of an independent, full service, luxury hotel with all the amenities you expect. The location is prime — on Universal Boulevard, east of the Orange County Convention Center North/South expansion, and 10 minutes from the Orlando International Airport. Rosen Shingle Creek's third and best-known quality creates the perfect trifecta—award-winning customer service.

Golf, dine, shop, and relax. Everything you need for a special getaway is here. Shingle Creek Golf Club features challenging yet rewarding greens, by the Arnold Palmer Design Company. Orlando's foodie experts herald A Land Remembered and Cala Bella as must-eat fine-dining restaurants as well as the plethora of casual restaurants and lounges in the hotel.

Venture outside to any of the four seasonally heated pools amidst tropical settings for an incredibly relaxing experience. Even a simple stroll around the hotel sets busy minds at ease.

**AMENITIES:** 4 outdoor swimming pools, spa, fitness center; Golf club, tennis, volleyball, 15 dining options including in-room dining, Gift shop and more!

**HOTEL RESERVATIONS:** FMDA has reserved a block of rooms at Rosen Shingle Creek, 9939 Universal Boulevard, Orlando, Florida 32819.

The group rate is **\$209** single/double occupancy; discounted self-parking (**\$18/day**) and valet parking (**\$35/day**) for all attendees over the dates of the program; and no daily resort fee.

To make a reservation, please call **Rosen Reservation Center** at (866) 996-6338, and mention you are attending FMDA – The Florida Society for PALTC Medicine/Best Care Practices conference. To guarantee rate and room availability, you must make your reservations no later than **Oct. 2, 2023**. This special group rate will be applicable three (3) days prior to and three (3) days following the main program dates, subject to availability. Reserve your hotel room today at [www.bestcarepractices.org/venue.html](http://www.bestcarepractices.org/venue.html).



Oct. 19-22, 2023

Rosen Shingle Creek Orlando

Early-Bird DEADLINE is Sept. 21, 2023

# 2023 REGISTRATION FORM

Yes, I would like to register now!

<input type="checkbox"/> Paid-up members: Full Registration* (choose one) <input type="radio"/> FMDA, <input type="radio"/> NADONA, <input type="radio"/> FL-GAPNA, or <input type="radio"/> FGS .....	\$359
<input type="checkbox"/> * New/renewing FMDA members: Full Registration* (includes \$100 for annual dues) .....	\$459
<input type="checkbox"/> Non-member Practitioners: Full Registration* .....	\$509
<input type="checkbox"/> Unlicensed Registrants: Full Registration* includes Organizational Affiliate Membership .....	\$689
<input type="checkbox"/> Physician Fellows, Interns, and Residents in geriatrics, family practice, or internal medicine (Full Registration*) ..	\$75
<input type="checkbox"/> Full-time Students: MD/DO/PA/NP/RN/PharmD/RPh/NHA or ALF administration (Full Registration*) .....	\$75
<input type="checkbox"/> Friday-only Registration: Includes all sessions, CMEs/CEs/CPEs, Trade Show, scheduled meals, product theaters, and reception .....	\$229
<input type="checkbox"/> Saturday-only Registration: Includes all sessions, CMEs/CEs/CPEs, Trade Show, scheduled meals, and reception .....	\$229
<input type="checkbox"/> Sunday-only Registration: Includes breakfast, educational sessions, and CMEs/CEs/CPEs .....	\$149
<b>Pre-conference: End-of-Life Workshops</b>	
<input type="checkbox"/> 101: The Journey from Advance Care Planning to End-of-Life (3.0 hrs.) Morning Session Only .....	\$99
<input type="checkbox"/> 102: Advance Care Planning with Portable Patient-Directed Physician Orders (1.0 hr.) .....	\$55
<input type="checkbox"/> 103: Expert Panel Discussion: Best Practices in Palliative Care and Hospice Services (1.0 hr.) .....	\$55
<input type="checkbox"/> All three (3) Pre-conference Sessions: (101-103) on Thursday, Oct. 19, 2023 (5.0 hrs.) .....	\$185
<input type="checkbox"/> Misc.: One-day Trade Show Pass (not intended for vendors) .....	\$65

\*FULL REGISTRATION FEE: Includes attendance at all receptions, planned meals, Trade Show admission, and educational sessions, starting with session #104 on Thursday, Oct. 19, through the end of Sunday, Oct. 22, 2023. Pre-conference workshops are extra.

Name: _____	Title: _____	License #: _____	State: _____
Facility Name/Affiliation: _____	Specialty: _____		
Mailing Address: _____			
City: _____	State/ZIP: _____	Phone: _____	
Bring a First-Time Colleague Bonus — I referred: 1. _____, 2. _____			
Fax: _____	Email: _____	Amount enclosed: \$ _____	
<input type="checkbox"/> By checking this box, I consent to have FMDA share my contact information with BCP 2023 exhibitors and supporters. FMDA relies on exhibitors and sponsors to help support the organization and the conference. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at FMDA's 32 <sup>nd</sup> Annual Conference.			
Make checks payable to "FMDA" and mail to: 400 Executive Center Drive, #208, West Palm Beach, FL 33401			
<b>Credit Card Information:</b> <input type="checkbox"/> MasterCard <input type="checkbox"/> VISA <input type="checkbox"/> American Express <input type="checkbox"/> Discover			
Name on Card: _____	Card Number: _____		
Expiration Date: _____	CWV: _____	Amount: \$ _____	
Billing Address: _____			
Signature: _____	Date: _____		

## Please Help Us Better Process Your Registration (agenda subject to change)

1. Yes, I would like to make a special meal request (contact Shane Bellotti at [sbellotti@fmda.org](mailto:sbellotti@fmda.org)). 2. New FMDA members: Name of the FMDA member who referred you? 3. Yes, I am a 1<sup>st</sup>-time attendee. 4. NOTE: Due to space limitations, planned conference meals are provided only to registrants.

\*Confirm your attendance with the product theaters when you arrive at the conference – first come, first served – as space is limited.

There will be a \$75 administration fee for all written cancellation requests received on or prior to Sept. 28, 2023. There will be no refunds after Sept. 28, 2023. There is a \$35 charge for all returned checks. (561) 689-6321 • Fax: (561) 689-6324 • [www.bestcarepractices.org](http://www.bestcarepractices.org) • Email: [info@fmda.org](mailto:info@fmda.org)

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## Best Care Practices in the Post-Acute and Long-Term Care Continuum 2023

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**Phone: (561) 689-6321**

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**Attention: MDs, DOs, CMDs, PharmDs, RPhs, ARNPs, PAs, DONs, RNs, and NHAs**

## Here's How Attendees Describe Previous Years' Best Care Practices in the Post-Acute and Long-Term Care Continuum

"Have been attending the FMDA conference for 14 years as a student, resident, and now an attending physician – this meeting is outstanding and the group feels like family. It doesn't get any better than that!"

- Elizabeth Hames, DO, CMD; Homestead, FL
- Thanks for another EXCELLENT conference!"
- Kimberly Jackson, PharmD, CPh; Jacksonville, FL

"Thank you for providing outstanding opportunities for us to grow and learn all these years. Congratulations on 30 years!!! I want to extend my gratitude and appreciation for your support in my career. Close to two decades you have supported me with education, provided opportunities, and reminded me every year how important our work in LTC is to our members."

- Jackie Hagman, APRN-GNP; Valrico, FL
- "I truly enjoy coming to this event."
- Eduardo Diaz, MD; Montverde, FL

"Presentations were pretty dynamic and kept focus on addressing possible strategies to be used in our settings. It was a great conference."

- Alfonso Gonzalez-Rodriguez, MD, MBA; Orlando, FL
- Samantha Quigley, PharmD, CPh; Odessa, FL

"Fabulous conference – loved the variety of topics discussed."

"This conference was great considering COVID-19 pandemic. FMDA did an awesome job of providing a safe, effective conference this year. I'm looking forward to next year."

- Marcia Gilkes, APRN, DNP, MHNP-BC, GNP-BC; Loxahatchee, FL

"Well organized and updated protocol!"

- Cesar Figueroa, MD; Delray Beach, FL

"Keep up the good work – very well done."

- Rick Foley, PharmD, CPh, FASCP, BCGP; Sorrento, FL

"I think it was very easy to connect with people and it was wonderful to have info shared. Learned lots of new ideas and perspectives on patient care."

- Diane Sanders-Cepeda, DO, CMD; Cooper City, FL

"Thank you again for another wonderful conference! Learned tons of valuable information from the preconference sessions."

- Tamara Langley, APRN, FNP-BC; Riviera Beach, FL

"It was an outstanding conference."

- Kenya Rivas, MD, CMD; Miami, FL

"All presentations were excellent!"

- Sujoy Khasnavis, MD; New Rochelle, NY

"Always well organized."

- Hugh Thomas, DO, CMD; Oviedo, FL

"Great conference! Very happy with the content. Will be back next year."

- Sophia Lyn-ChinQue, FNP, AGPCNP; Wellington, FL

"Everything was well organized and presented."

- Sujatha Baskar, MD, CMD; Tavares, FL

"Excellent conference as usual."

- Karl Dhana, MD, CMD; West Palm Beach, FL

**ATTENTION CERTIFIED MEDICAL DIRECTORS:** Attendance at Best Care Practices in the Post-Acute and Long-Term Care Continuum meets your AMDA Certification CMD recertification live meeting requirement. Attend annually to earn live ABPLM pre-approved credits toward certification or recertification as a Certified Medical Director through the American Board of Post-Acute and Long-Term Care Medicine.