



THE SOCIETY  
FOR POST-ACUTE AND  
LONG-TERM  
CARE MEDICINE™

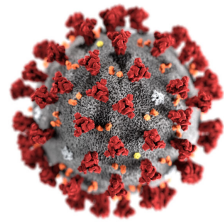
# NATIONAL UPDATE

Suzanne M Gillespie MD RD CMD  
President

# MISSION

*We promote and enhance the development of competent, compassionate, and committed medical practitioners and leaders to provide goal-centered care across all post-acute and long-term care settings.*

*Dedicated to defining and improving quality, we advance our mission through timely professional development, evidence-based clinical guidance, and tireless advocacy on behalf of members, patients, families, and staff.*

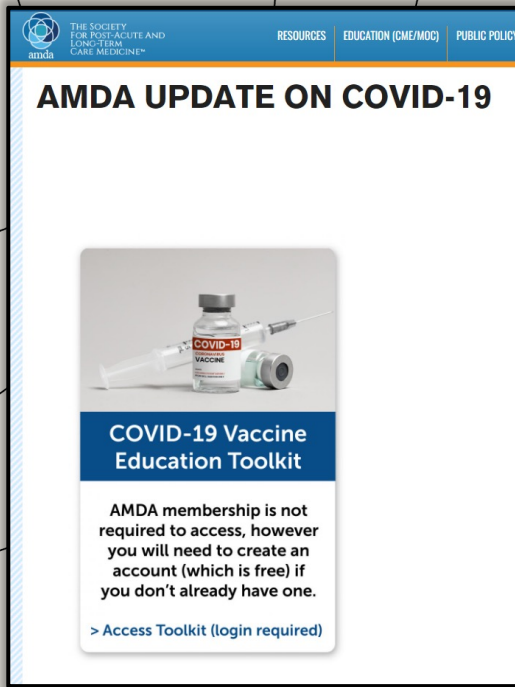


NEVER LET A GOOD CRISIS GO TO  
WASTE

Winston Churchill



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## AMDA'S ONGOING COVID-19 RESPONSE

### COVID-19 Resource Page

- Rich content, updated
- Tools, education, statements, references

### Vaccine Hesitancy Toolkit

- Updated frequently to assist medical directors with staff hesitancy

### COVID-19 Newsletter

- Started daily
- Now weekly "PALTC Pulse"

### Education Events

- Webinars, Podcasts, Grand Rounds

### Media Awareness

- Television, radio, print

### State Level Advocacy

- Weekly state group meeting
- Formalized into Public Policy subcommittee

<https://paltc.org/amda-update-covid-19>



# Roundtable at the White House on Importance of COVID Vaccination & Treatments



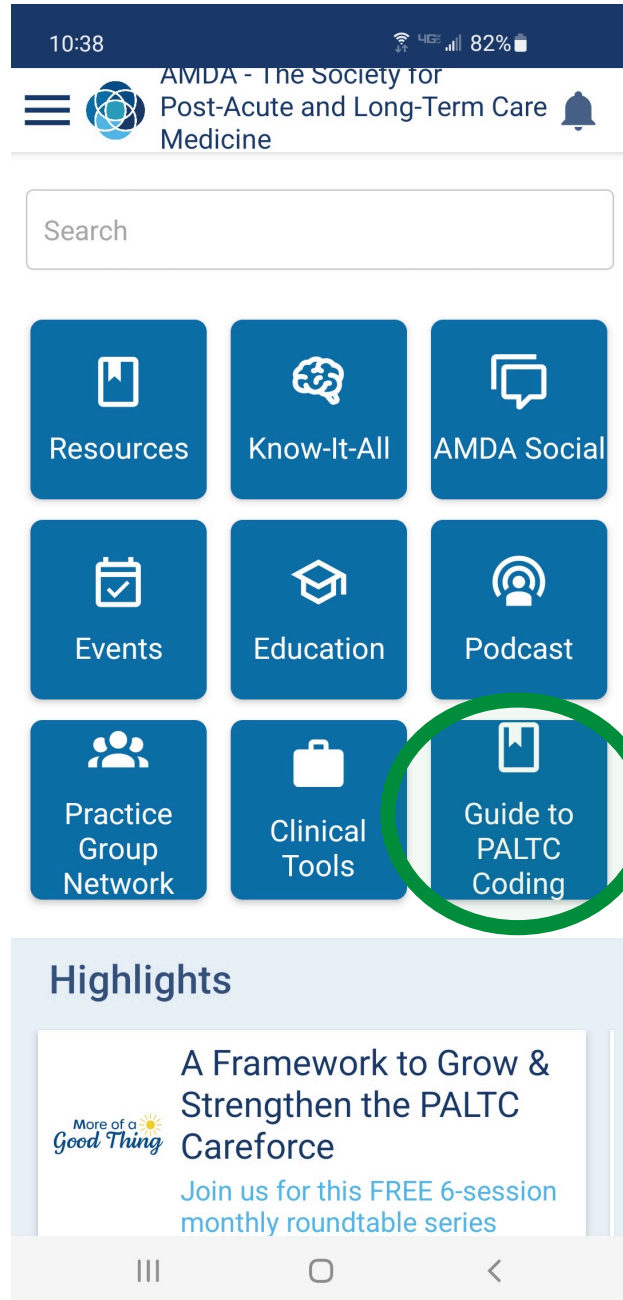
# NEW CLINICAL GUIDANCE

- Pocket Guide on **Parkinson's Disease**
  - ◆ Recognition, assessment, treatment, and monitoring of PD
  - ◆ Special section on PD dementia and psychosis
  - ◆ Available free through the AMDA App
- Revised Clinical Practice Guideline on **Pain**
  - ◆ Fully revised since previous (2012) update
  - ◆ Available now
- New Clinical Practice Guideline on **Delirium, Dementia, and Depression (3Ds)**
  - ◆ Combines and updates previous guidance on dementia and depression, adds discussion of delirium
  - ◆ Will be released in Fall 2022
- New Pocket Guide on **Sepsis** in development

# CLINICAL EDUCATION/PROFESSIONAL DEVELOPMENT

- **Online Core Curriculum** redesign underway
  - New instructional design
  - More interactive format
  - Current content updates
- **New Provider Course** being developed
  - An introduction to PALTC medicine for practitioners new to the setting
  - Applicable for physicians, nurse practitioners, and physician assistants





# AMDA'S APP

## Get easy access to:

- **Your Purchased & Licensed Resources**
  - Guide to PALTC Coding
  - Know-it-All Series Tool (reimagined for App)
  - Pocket Guides (optimized for App)
- **Clinical Tools – NEW FOR MEMBERS!**
  - “FRAIL” Screening Tool
  - SARC-F Screen for Sarcopenia
  - SNAQ (Short Nutritional Assessment Questionnaire)
  - Rapid Cognitive Screen
- **AMDA Social**
- **And More!**





# AMDA'S PODCAST CHANNELS



<https://paltc.org/podcast>

▶ AMDA On-The-Go

▶ JAMDA On-The-Go

▶ Caring On-The-Go

▶ AMDA On-The-Hill

▶ AMDA In-The-States

▶ Geriatric Journal Club



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## DRIVE TO DEPRESCRIBE

Optimizing Medication Use in PALTC

4,500 facilities enrolled & 3 pharmacy partners

Pharmerica, Omnicare, and Consonus are reporting data from the facilities

National educational webinars and “office hours” update calls to share challenges and successes

Regular Zoom calls with over 200 participants – over 650 have registered

Most high-risk medication classes identified

Goal: 25% reduction in medication use while optimizing the medication regimen in long-stay residents

Starting with PPIs & supplements

Adding sulfonylureas, antipsychotics & anticholinergics

Data de-identified & aggregated

<https://paltc.org/drive2deprescribe>



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***A Framework to Grow and Strengthen the PALTC***

**Careforce**, More of a Good Thing expands upon the already successful, evidence-based 4Ms Framework of the Age-Friendly Health System to address the needs of staff, a critical component of any age friendly health system.

<https://paltc.org/goodthing>

**Guided by the themes of the 4Ms for Staff:**

- **What Matters** (facility culture, respect, a voice)
- **Medication** (health promotion & workplace safety)
- **Mentation** (wellbeing of staff with a focus on stress management and compassionate self-care), and
- **Mobility** (opportunities for personal growth and career advancement with ongoing education)

# SENIOR-FRIENDLY EMERGENCY DEPARTMENTS AND BEST PRACTICES FOR TRANSITIONS OF CARE







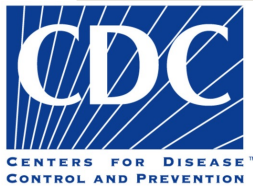
# Improving Adult Immunization Rates in PALTC

A five-year, CDC-funded cooperative agreement with AMDA



[WWW.MOVINGNEEDLES.ORG](http://WWW.MOVINGNEEDLES.ORG)





# CDC COOPERATIVE AGREEMENT: IMPROVING IMMUNIZATION RATES IN PALTC

Improve  
immunization rates \_\_\_\_\_  
in PALTC

- 5-year contract, shared between AMDA and CMSS
- Educational resources, clinical and operational benefit analyses, & pilot programs

Target residents & staff \_\_\_\_\_

- Pilot work to address residents & staff
- Disseminate to broader LTC population

All PALTC settings \_\_\_\_\_

- Nursing homes, assisted living, CCRCs, PACE & other home-based care programs
- Wherever the PALTC population receives care

Partnering to make  
immunization routine \_\_\_\_\_

- SNF / AL chains and HCBS programs
- Pharmacies
- EHR vendors
- Coordination with state IIS registries



## FUTURES PROGRAM

Fostering the growth of future clinicians with an intensive learning experience exposing them to the career opportunities available in post-acute and long-term care medicine.

[Learn More](#)

## AWARDS PROGRAM

Honoring the extraordinary work and outstanding contributions of our PALTC Foundation members to post-acute and long-term care medicine.

[Learn More](#)

## GRANTS PROGRAM

Providing charitable grants that financially support innovative programs and research to improve the practice of long-term and post-acute care medicine.

[Learn More](#)[CLICK TO VIEW REPORT](#)

THE FOUNDATION  
FOR POST-ACUTE AND  
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## Accepting Nominations 2023 Award

Now - November 2022

Clinician of the Year Award

Medical Director of the Year Award

William Dodd Founder's Award

James Pattee Award for Excellence

[LEARN MORE >](#)

*Your donation will directly impact the future of post-acute and long-term care medicine. It is only with the support of our donors that we are able to inspire future practitioners, honor the contributions of those working in the field today, and create a better tomorrow for practitioners and those they serve.*

- Funding was recently awarded to support a pilot project studying the impact of air quality in nursing homes during the COVID 19 pandemic.
- Support your Foundation! Donate and send award nominations today!



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BRIEFING ROOM

## FACT SHEET: Protecting Seniors by Improving Safety and Quality of Care in the Nation's Nursing Homes

FEBRUARY 28, 2022 • STATEMENTS AND RELEASES



# PUBLIC POLICY UPDATE

Hope you heard Alex's talk!



- Increased recognition of the importance of the engaged medical director.
  - ◆ California's milestone legislation AB749 requiring certification for medical directors
  - ◆ US House bill [H.R. 8832, The Nursing Home Disclosure Act](#) (Levin D-CA and Fitzpatrick R-PA) requiring NH to report medical director to create a national registry
  - ◆ CMS discussions re: engaging medical directors during the survey process.
- Key participation in policy revisions, including updates to the physician fee schedule.
- Working with CMS leaders re: White House plan to improve nursing home care.
- Telehealth – waivers expire with PHE ending. AMDA advocating for waver extensions



## MARCH 10-13, TAMPA, FLORIDA

- PALTC'23 will be exclusively in-person!
  - ◆ No online/streaming option this year
  - ◆ Conference recordings available after the conference
- Excellent program of education & networking
- Annual opportunity to refresh & re-connect
- Registration opened **September 28**; go to <https://paltc.org> for more information



## IMPORTANT SOCIETY TRANSITIONS



- Convened an Executive Director Search Committee, and retained the firm Vetted Solutions. The search process is on schedule to identify a new Executive Director prior to Chris' planned retirement in April 2023.
- Completed a search for a new JAMDA Editor-in-Chief team, naming Barbara Resnick, PhD, RN and Paul Katz, MD, CMD as co-editors in chief.



Thank you and best wishes to Chris Laxton,  
Sheryl Zimmerman, and Phil Sloane



## SUMMARY

The Society's strength and reach continues to be powered by its many dedicated, engaged, and expert volunteers and leadership

We are informed and guided by your expressed needs as members – please keep letting us know what those are

Participate on one or more of our many forums, committees or workgroups



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**THANK YOU FOR ALL YOU DO!**

Suzanne Gillespie MD RD CMD

[Suzanne\\_Gillespie@urmc.rochester.edu](mailto:Suzanne_Gillespie@urmc.rochester.edu)

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JENNIFER KIM, DNP, GNP-BC,  
GS-C, FNAP, FAANP

GAPNA PRESIDENT



# GAPNA 2022 – 2023 BOARD OF DIRECTORS



**President**  
Jennifer Kim



**President-Elect**  
Ann Kriebel-Gasparro



**Immediate Past President**  
Natalie Baker



**Secretary**  
Kim Posey



**Treasurer**  
Stacey Chapman



**Director at Large**  
Amy Rose Taylor



**Director at Large**  
Aparna Gupta

# GAPNA

The premier professional organization that represents the interests of advanced practice nurses, other clinicians, educators, and researchers involved in the practice or advancement of caring for older adults.

## Mission Statement:

Promoting excellence in advanced practice nursing for the well-being of older adults.

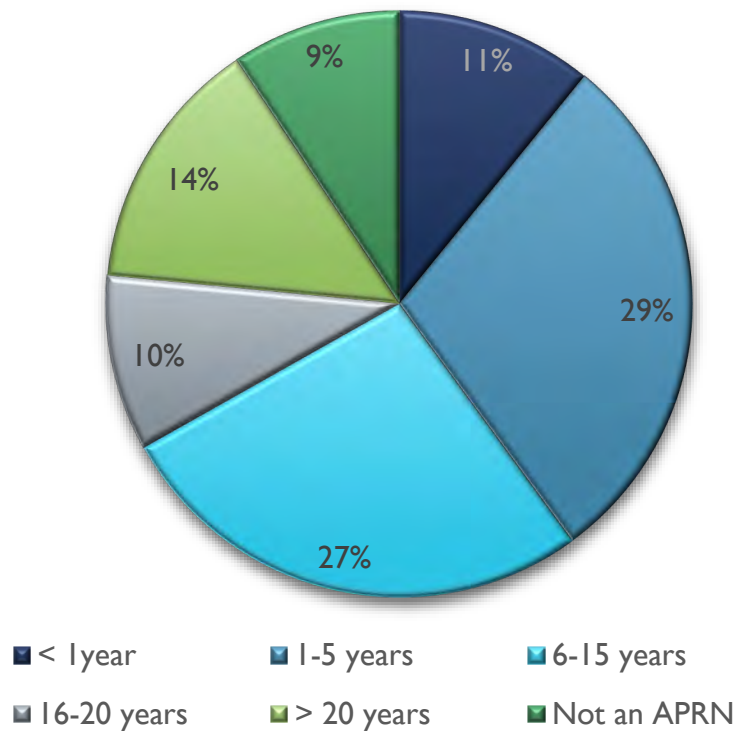
## Vision:

To continue to be the trusted leaders for the expert care of older adults.

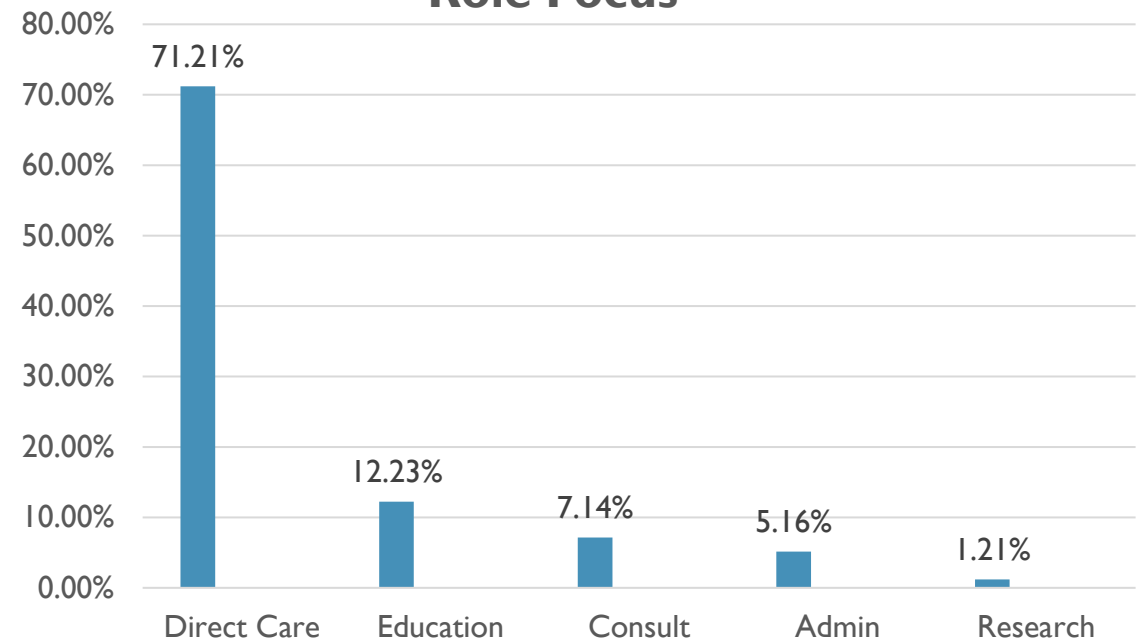


# GAPNA MEMBERSHIP PROFILE\*

## Total #Years as an APRN



## Role Focus <sup>∞</sup>

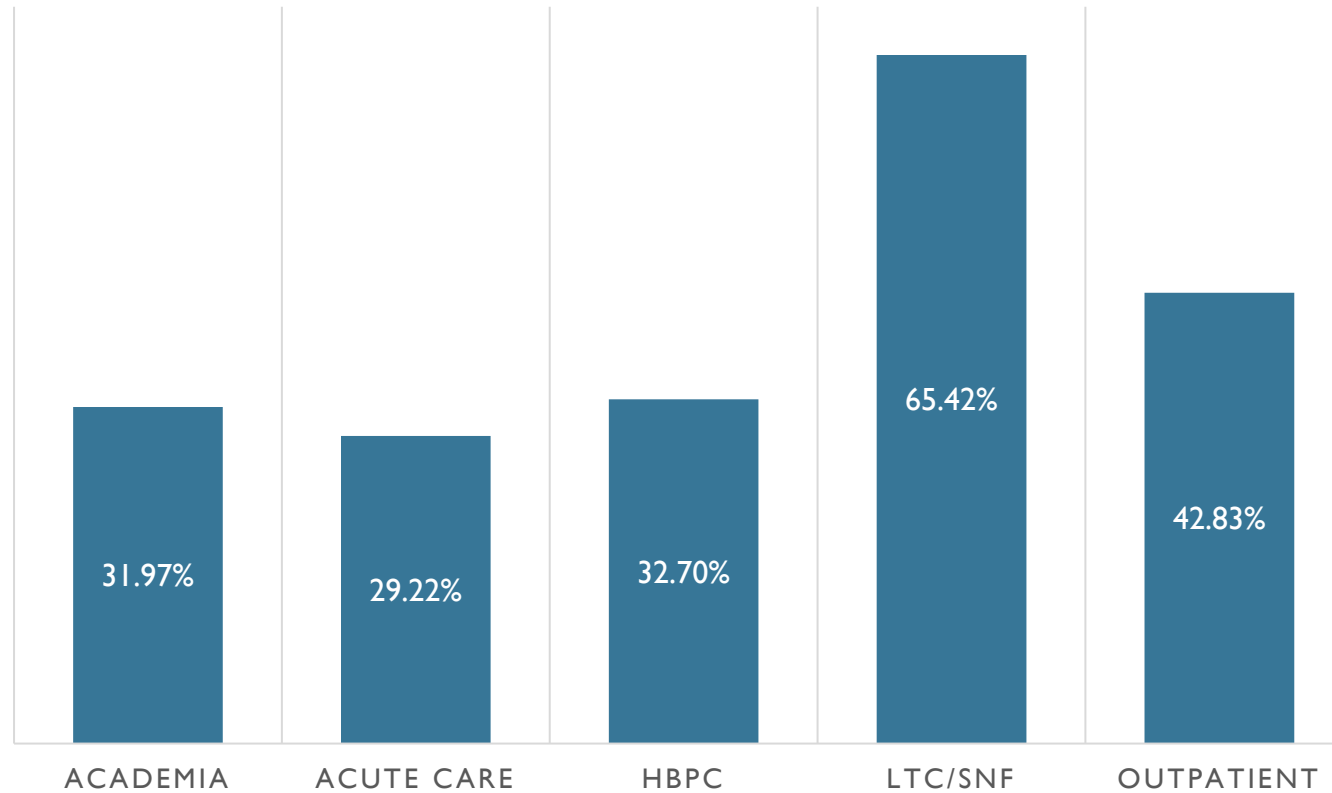


<sup>∞</sup> at least 60% of APP position

\* End of December 2021

# GAPNA MEMBERSHIP PROFILE\*

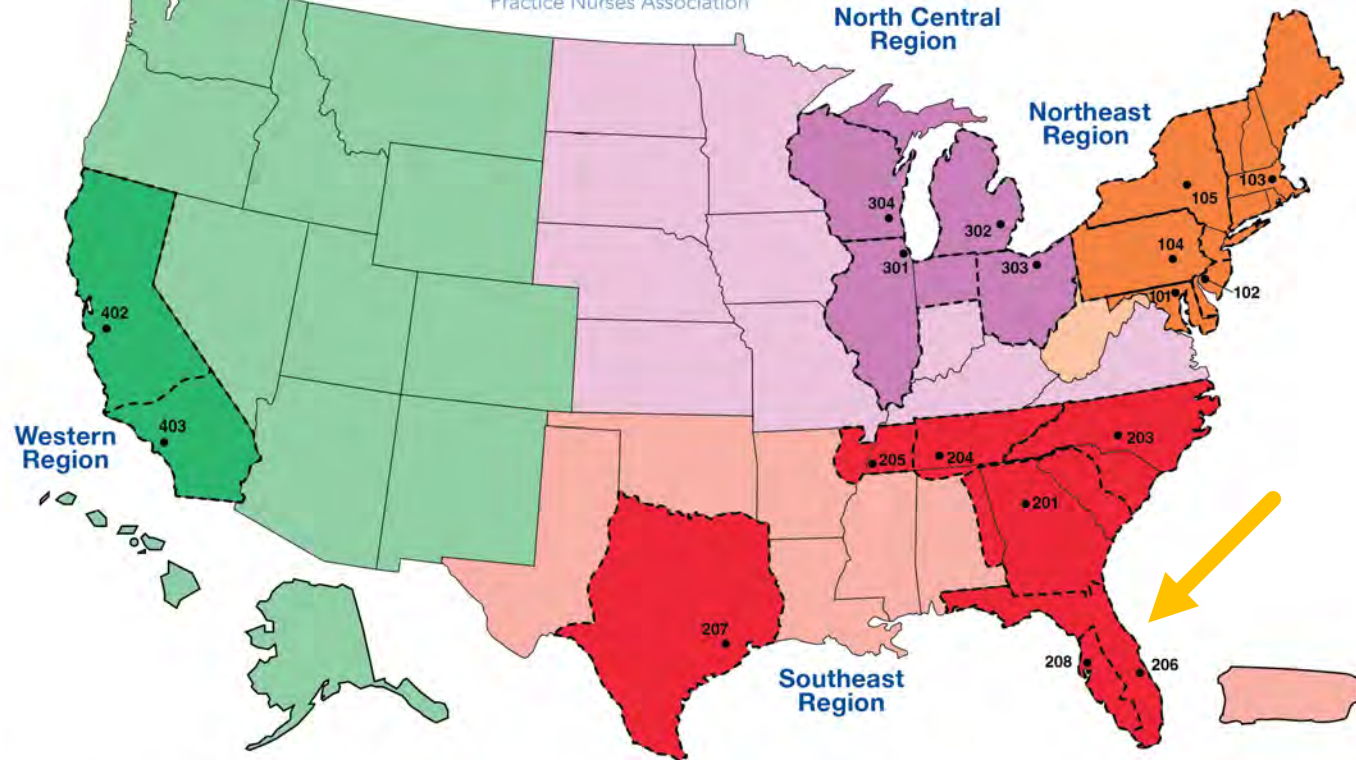
## PRACTICE SETTING



\* End of December 2021

# GAPNA Chapters

Gerontological Advanced Practice Nurses Association



Northeast	Established	Southeast	Established	Southeast	Established	North Central	Established	Western	Established
101 - Maryland	(2005)	201 - Georgia	(2007)	206 - Florida	(2010)	301 - Chicagoland IL	(1998)	402 - Northern CA	(1997)
102 - Delaware Valley	(2006)	203 - Carolinas	(2006)	207 - TX Gulf Coast	(2001)	302 - Great Lakes MI	(1998)	403 - Southern CA	(2013)
103 - New England	(2006)	204 - Middle TN	(2007)	208 - Florida Gulf Coast	(2001)	303 - Ohio	(2001)		
104 - Liberty	(2014)	205 - Mid-South TN	(2008)			304 - Wisconsin	(2006)		
105 - New York & North Jersey	(2020)								

EIGHTEEN  
CHAPTERS  
STRONG

# MEMBER ENGAGEMENT

## Committees

- Awards
- Chapter Leadership
- Communications
- Conference Planning
- Education
- Health Affairs
- Historical
- Nominations
- Research

## Special Interest Groups (SIGs)

- Acute and Emergent Care
- GeroPsych
- Hospice/Palliative Care
- House Calls
- PAC/LTC
- Veteran's Care



# EDUCATIONAL RESOURCES - TOOL KITS

Gerontology Resources for APRN  
Preceptors and Students (8<sup>th</sup> edition)



Gerontology Resources for APRNs in Acute &  
Emergent Care Settings (2<sup>nd</sup> edition)





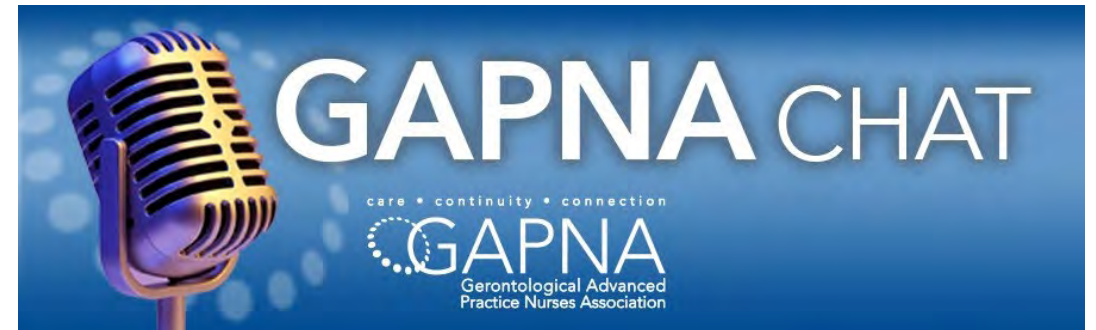
## SPECIAL INVITATIONS & NATIONAL COLLABORATIVE EFFORTS

- American Association of Colleges of Nursing
- American College of Surgeons
- America's Health Rankings Senior Report
- Emergency Nurses Association (ENA) Taskforce
- GSA Nurse Leader Forum
- APRN Workgroup with NP Round Table
  - Acute Care & Primary Care Workgroup
- National Organization of Nurse Practitioner Faculties (NONPF)
  - Workgroup on quality of nurse practitioner education

# NEW IN 2022

## Statement on Diversity, Equity, & Inclusion\*

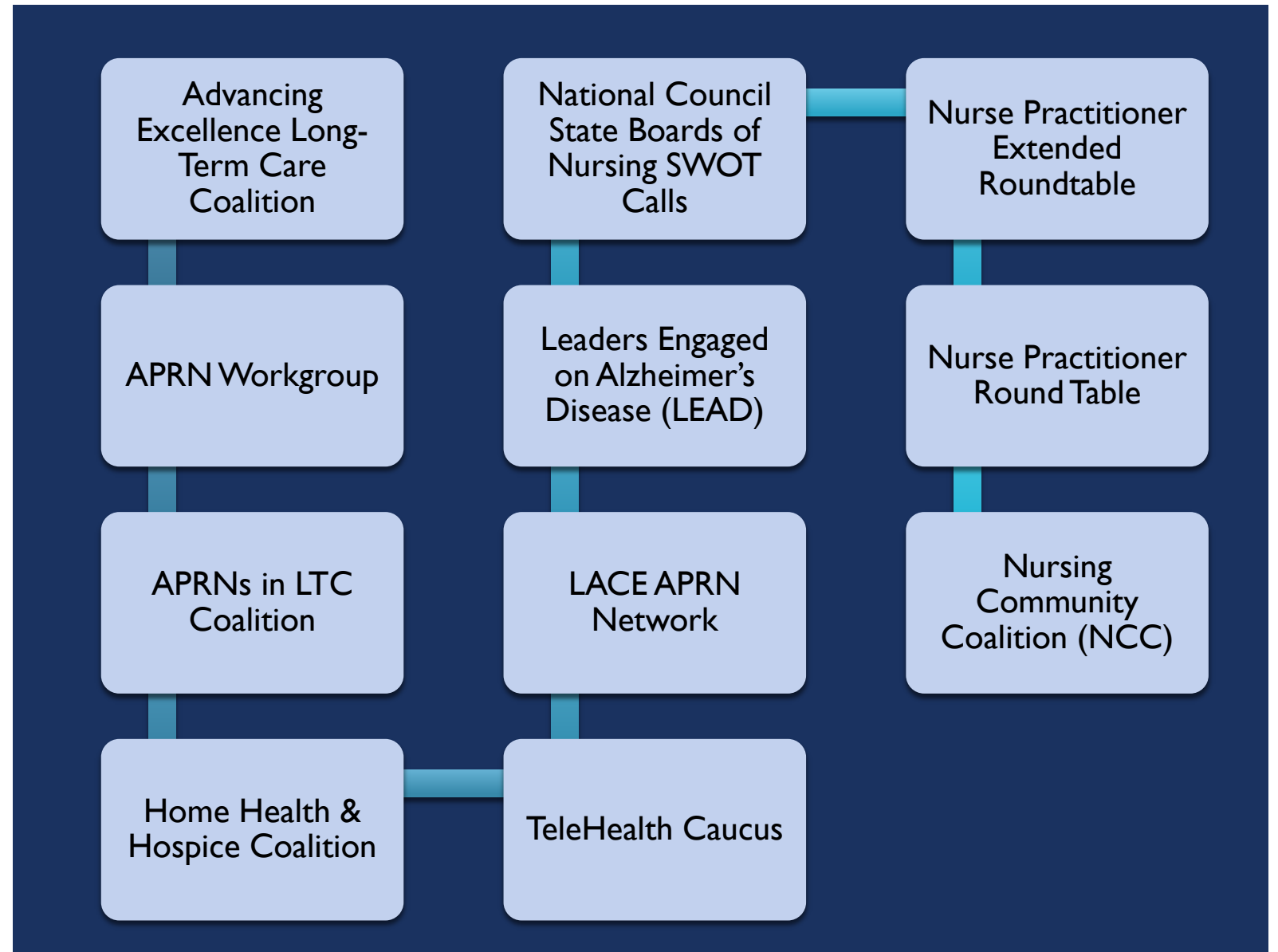
\*Available on GAPNA website.



Season 2 launched in August 2022

# ADVOCACY

GAPNA  
IS AT  
THE TABLE.




# SECURING GAPNA'S FUTURE



- Fourth cohort of fellows
- Past fellows in leadership roles
  - GLI mentors (2)
  - Board member (1)

# GERONTOLOGICAL SPECIALIST CERTIFICATION



- Specialty exam for APRNs with 2500 hours experience caring for older adults within the past 5 years
- A Practical Guide for Gerontological Specialist 
- First cohort (2018): Recertification, March 2023

# The House of GAPNA

## Strategic Plan 2022



# BOARD INITIATIVES



## ON THE HORIZON

- Implementation of GAPNA's strategic plan
- Improving long term care
  - Advocacy
    - Collaboration with other organizations
    - Removal of APRN regulatory barriers
  - Education
    - \*APRNs new to LTC\*
    - APRNs experienced in LTC

# *Save the Date*

**Honolulu, Hawaii**  
**April 25-29, 2023**  
**Hilton Hawaiian Village**



**PHARMACOLOGY &  
Prescribing in Older Adults**

# *Cultivating*

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A strong community of nurse leaders



## NADONALTC

The National Association of Directors of Nursing Administration of Long-Term Care

# Who is NADONA?

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- Since 1986, the National Association of Directors of Nursing Administration (NADONA) is THE leading advocate and educational organization for Nurse Leaders in the post-acute care continuum.
- NADONA was founded by a group of dedicated post-acute care professionals. Over three decades later, our board of directors still consists of post-acute care professionals.
- Today, with thousands of nurse professionals strong, we remain committed to understanding the daily challenges of Nurse Leaders and providing the resources needed for professional success.



# Current NADONA Certifications

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- Certified Director of Nursing (CDONA™)
- Certified Assisted Living Nurse (CALN™)
- Geriatric Diabetic Certified Nurse (GDCN™)
- Infection Preventionist Board Certified (IP-BC™)
- Certified Licensed Practical Nurse (CLPN™)
- Antibiotic Stewardship Board Certified (AS-BC™)
- Antibiotic Stewardship Certificate of Mastery (ASCOM™)

# NADONA's Mission Statement

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- NADONA aims to be the leading professional organization for current and aspiring nursing leaders through professional development, board certification, and clinical expertise related to the promotion of health and wellness of individuals in the long term care and post-acute care continuum.

## Our Core Values

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- Integrity
- Professional Advancement
- Interprofessional Collaboration
- Exceptional Customer Service
- Diversity and Inclusion



# Our Strategic Objectives

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- NADONA envisions a global environment where the individual's health and wellness goals are met by diverse healthcare professionals committed to clinical excellence and population health management, leadership, and advocacy in the specialty of long term and post acute care through board certification, professional development, and the advancement of evidence based practice.

# Our Accomplishments

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- 36 years of successful Annual national conferences.
- An award winning peer reviewed quarterly journal, "The Director".
- A successful scholarship program awarding over a half million dollars in scholarships since inception.
- Seven certifications with over 5,500 number of nurse leaders and healthcare colleagues certified to date.
- A highly acclaimed nurse mentorship program.
- An active professional Corporate Leadership council.
- A highly sought after Nurse Leader of the year Award, with recognition occurring at our annual conference.

“No one understands all that you go through  
in one day. No one knows the details,  
obstacles, and never-ending challenges that  
are part of your job as a Nurse Leader.  
No one, that is, except NADONA.”

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*Sherrie Dornberger,*  
RN, GDCN, CADDCT, CDP, IP-BC, CDONA, FACDONA  
Executive Director, NADONA