



**Best Care  
Practices**  
*In the Post-Acute &  
Long-Term Care Continuum*

# 31<sup>st</sup> Annual Conference

**November 3-6, 2022**

**Loews Portofino Bay Hotel at Universal Orlando**

**Joint Provided by FMDA – The Florida Society  
for Post-Acute and Long-Term Care Medicine  
and AMDA – The Society for Post-Acute  
and Long-Term Care Medicine**

**Held in collaboration with the Florida Chapters of  
Gerontological Advanced Practice Nurses Association,  
National Association of Directors of Nursing Administration,  
and Florida Geriatrics Society**



THE FLORIDA SOCIETY  
FOR POST-ACUTE AND  
LONG-TERM  
CARE MEDICINE

**FLORIDA** GERIATRICS  
SOCIETY

**FL** GAPNA  
Florida Chapters



**NADONALTC**  
NATIONAL ASSOCIATION OF DIRECTORS OF NURSING ADMINISTRATION/LONG TERM CARE

◆ Nationally recognized  
speakers on cutting-edge issues that impact best practices ◆  
Excellent range of clinical topics ◆ Hear national leaders discuss the critical challenges in the  
post-acute and long-term care continuum ◆ Enhanced networking opportunities to establish and maintain relationships  
◆ Earn continuing education credits for physicians, pharmacists, advanced practice nurses, nurse administrators, and nursing home  
administrators ◆ Medical directors earn credit hours toward CMD certification ◆ Consultant pharmacists earn recertification credit hours ◆

Nov. 3-6, 2022 ★ Loews Portofino Bay Hotel at Universal Orlando, Florida ★



**EDUCATION COMMITTEE CHAIR/NURSE PLANNER:** Michelle A. Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC  
**PROGRAM DIRECTOR:** Kenya Rivas, MD, FAAFP, CMD; Vice Chair, Education Committee  
**AMDA LIAISON:** Robert Kaplan, MD, FACP, CMD; Past-Chair, ABPLM; Past-President, FMDA  
**NADONA LIAISON:** Sherrie Dornberger, RNC, GDCN, CDONA, FACDONA; Executive Director  
**FLORIDA CHAPTERS OF GAPNA LIAISON:** Michelle Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC; President, FL-GAPNA  
**FLORIDA GERIATRICS SOCIETY LIAISON:** Debra Danforth, DNP, APRN, FAANP; President, FGS  
**CONSULTANT PHARMACISTS LIAISON:** Rick Foley, PharmD, CPh, BCGP, FASC; Past-Chair, FL Chapter – ASCP

**COMMITTEE MEMBERS:** Shark Bird, MD, CMD, CWSP; F. Michael Gloth, MD, FACP, AGSF, CMD; Maria R. Gonzalez, MD, FAAFP, CMD; Alfonso Gonzalez-Rodriguez, MD; Elizabeth Hames, DO, CMD; Elizabeth Hidlebaugh, MD; Leonard Hock Jr., DO, MACOI, CMD; Kimberly Jackson, PharmD, CPh; Simone Minto-Pennant, PharmD; Jennifer Moses-Powell, DNP, CRNP; Samantha

Quigley, PharmD; Rhonda L. Randall, DO; Bernardo Reyes, MD, CMD, AGSF; Michael Samarkos, PharmD; Diane Sanders-Cepeda, DO, CMD; Bhanuprasad Sandesara, MD, CMD; Niharika Suchak, MBBS, MHS, FACP, AGSF; Laurie Sheffield, ARNP, DNP; Brianna Wynne, MD

## CONTINUING MEDICAL EDUCATION for PHYSICIANS (MDs and DOs) & PHYSICIAN ASSISTANTS

**Accreditation Statement:** This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.



**Credit Designation Statement:** AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of **30.5 AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity.

**CMD Credit Statement:** This live activity has been pre-approved by ABPLM for a total of **21.75\*** management hours and **8.75\*** clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the American Board of Post-Acute and Long-Term Care Medicine. Each physician should claim only those hours of credit actually spent on the activity. (\* Subject to change.)

This program has been approved by the Florida Board of Medicine, Florida Board of Osteopathic Medicine, and Florida Physician Assistants. CE Broker Program Tracking Number **20-928545**.

**American Osteopathic Association Credit:** AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

## PHARMACIST CONTINUING EDUCATION

**General Pharmacist Credit:** The Association for Medication Education (AME) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for **27.5** contact hours. **Session 122 is NOT approved for pharmacist CE.** Each individual session of this conference has received a separate Universal Activity Number (UAN). For details related to learning objectives, speakers, and UAN numbers for each session, go to [www.bestcarepractices.org](http://www.bestcarepractices.org). ACPE credit is for pharmacists only.

**Florida Consultant Recertification:** Accreditation of the program for consultant pharmacist recertification is pending at the time of brochure printing. When further information is available, it will be posted at [www.bestcarepractices.org](http://www.bestcarepractices.org).



## NATIONAL CONTACT HOURS for NURSES

This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).

## CONTACT HOURS for NURSE ADMINISTRATORS, FLORIDA LICENSED NURSES, and LONG-TERM CARE ADMINISTRATORS

This educational program has been submitted to Florida Association Directors of Nursing Administration/LTC – Florida Department of Health, Division of Medical Quality Assurance (Florida Board of Nursing/Florida Board of Nursing Home Administrator CE Broker Provider ID Number 50-682) for a total of **29.5\* contact hours** of continuing education and **26.5\* maximum participant hours**.

\* Subject to rounding and final approval.

**Earn up to 27.5 / 26.5\* Contact Hours**



# Best Care Practices in the Post-Acute and Long-Term Care Continuum



# Annual Program Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: COVID-19 Skin and Long-Haulers Healing Challenges ▲ Deprescribing for Older Adults ▲ Diabetes in the Geriatric Population ▲ Effective Usage of Psychiatric Medications in Nursing Facilities ▲ EKG Abnormalities in COVID Era ▲ Geriatric Literature Review ▲ Healthcare Worker Burnout ▲ Hospice Benefit 2022 ▲ Improving PALTC ▲ Long COVID ▲ Managing Delirium ▲ Medical Care of LGBTQ+ Older Adults ▲ Medicare Billing & Coding Update ▲ Medication-Related Cases with Adverse Events ▲ Mindfulness: Taking Care of You While You Take Care of Others ▲ Moving from Pandemic to Endemic ▲ National Leaders Forum ▲ Osteoporosis ▲ Pain Management ▲ Prognostication ▲ Public Policy Update ▲ Red-Eye Rounds: PALTC & Geriatrics Clinical Quandaries ▲ Regulatory Update ▲ Specialized Care for People Living with Dementia ▲ Staff Burnout in Caring for Patients with Dementia ▲ Telemedicine Research

## Target Audience

This conference is designed to educate physicians, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing in LTC, registered nurses, and long-term care administrators, as well as geriatricians, primary care and home care physicians, physicians considering becoming long-term care medical directors, hospice medical directors, or home care medical directors, and others with an interest in geriatrics and its continuum of care. The faculty includes national and regional authorities in the fields of medical direction, senior care pharmacology, post-acute and long-term care medicine, and geriatric medicine.

## Annual Program Objectives

*Upon completion of the Best Care Practices in the Post-Acute and Long-Term Continuum Care conference, participants should be able to:*

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum
3. Discuss the current and emerging national issues and public policy efforts of AMDA – The Society for Post-Acute and Long-Term Care Medicine, Gerontological Advanced Practice Nurses Association, and National Association of Directors of Nursing Administration/LTC
4. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings
5. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine

### POSTER SESSION SCHEDULE

2:05-3:05 p.m.; 5:25-6:55 p.m.

#### Friday, Nov. 4, 2022

Posters open at 2:05 p.m.

Presenters required to attend both sessions

8-9 a.m.

11:45 a.m.-12:50 p.m.

6:10-7:40 p.m.

#### Saturday, Nov. 5, 2022

Presenters encouraged to attend

Presenters required to attend

Recognition of Presenters

Go to [www.bestcarepractices.org](http://www.bestcarepractices.org) for more information on how to submit your poster.

### Convenient Conference Registration Options

- ✓ Mail the registration form on page 7 with the payment.
- ✓ Pay online with a credit card by going to [www.bestcarepractices.org](http://www.bestcarepractices.org).

*The Best Care Practices in the Post-Acute and Long-Term Care Continuum conference logo is a trademark of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine, Inc.*

# Best Care Practices in the Post-Acute and Long-Term Care Continuum

# 2022 Conference Agenda

## OPTIONAL PRE-CONFERENCE THURSDAY, NOV. 3

7:15 a.m.-6 p.m. Registration & Information

### Persistent Impact of Long COVID Sessions 101-105

8:45-9:30 a.m. **101 – Long COVID:  
State of the State (0.75 hour)**

◀ **Diane Sanders-Cepeda, DO, CMD**; Senior Medical Director, UnitedHealthcare; President, FMDA, and Chair, FMDA's Journal Club

9:35-10:20 a.m. **102 – Healing Challenges Associated with COVID-19 Skin and Long-Haulers (0.75 hour)**

◀ **Pamela Scarborough, PT, DPT, MS, CWS, CEEAA**; Vice President of Clinical Affairs, American Medical Technologies

10:25-11:55 a.m. **103 – Boots on the Ground:  
A Panel Discussion (1.5 hours)**

◀ **Swati Gaur, MD, MBA, CMD**; Medical Director, New Horizons Nursing Facilities, Northeast Georgia Health System; CEO, Care Advances Through Technology

◀ **Carmelle A. Casimir, DNP, FNP-BC**; Senior Clinical Services Manager, Optum Nurse Practitioner Care Delivery & Management

◀ **Ginny Hoar, PharmD, BCGP**; Manager, Consultant Pharmacists (AR, AL, MS, LA, GA), Omnicare, a CVS Health Company

**Moderators: Diane Sanders-Cepeda, DO, CMD**; Senior Medical Director, UnitedHealthcare; President, FMDA, and Chair, FMDA's Journal Club

**Pamela Scarborough, PT, DPT, MS, CWS, CEEAA**; Vice President of Clinical Affairs, American Medical Technologies

11:55 a.m.-12:50 p.m. **Product Theater Lunch**  
(non-CME/CPE/CE) – **Sponsored by Teva**

12:50-2:50 p.m. **104 – EKG Abnormalities  
in PALTC in the COVID Era (2 hours)**

◀ **Elizabeth Hidlebaugh, MD**; Board-Certified Internist and Geriatrician, AMDG Naples 100 Senior Concierge and Consulting, Naples, FL; Assistant Professor, Immokalee Training Site, Department of Geriatrics, Florida State University College of Medicine

◀ **Bernardo J. Reyes, MD, CMD, AGSF**; Assistant Professor of Geriatric Medicine, Charles E. Schmidt College of Medicine, Florida Atlantic University; Associate Program Director, Internal Medicine Residency

3-4 p.m. **105 – Prognostication: Including Attributes and Predictors of Long COVID (1 hour)**

◀ **Leonard R. Hock Jr., DO, MACOI, CMD**; Palliative Physician; Past-President, FMDA

### START OF CONFERENCE

4:10-5:10 p.m. **106 – The Importance of  
Deprescribing for Older Adults (1 hour)**

◀ **Ginny Hoar, PharmD, BCGP**; Manager, Consultant Pharmacists (AR, AL, MS, LA, GA), Omnicare, a CVS Health Company

◀ **Wilfredo C. Aqui Jr., Pharm D, MT**; Florida Clinical Manager (District 8), Omnicare, a CVS Health Company

5:20-6:20 p.m. **CONCURRENT SESSIONS A (1 hour)**

**107 – Mindfulness: Taking Care of You  
While You Take Care of Others (1 hour)**

◀ **Laura Tubbs, RN, MSN, MEd, CDP, CQP, LNHA**; Assistant Professor, International College of Health Sciences

**108 – Update on Telemedicine Research (1 hour)**

◀ **John Whitman, MBA, NFA**; Faculty, University of Pennsylvania Wharton Healthcare Management; Executive Director, The TRECS Institute

6:30-7:30 p.m. **CONCURRENT SESSIONS B (1 hour)**

**109 – Coping with Healthcare Worker Burnout**

◀ **Christine Cauffield, PsyD**; Geriatric Neuropsychologist; CEO, LSF Health Systems

**110 – Specialized Co-Management Care  
for People Living with Dementia**

◀ **Michelle Moccia, DNP, ANP-BC, GS-C**; Program Director Senior ER, St. Mary Mercy Hospital, Livonia, MI; Past-President, Gerontological Advanced Practice Nurses Association

◀ **Michelle Panlilio, DNP, GNP-BC**; Dementia Care Specialist, Nurse Practitioner, UCLA Alzheimer's and Dementia Care Program

## FRIDAY, NOV. 4

7:15 a.m.-6 p.m. Registration & Information

7:30-8:30 a.m. **Continental Breakfast**  
– **Sponsored by The Rose Program**

7:45-8:30 a.m. **FMDA Annual Membership Meeting**

8:35-8:45 a.m. **President's Welcome**  
– **Diane Sanders-Cepeda, DO, CMD**

8:45-9:45 a.m. **111 – Keynote Address (1 hour)**

◀ **Joshua D. Lenchus, DO, RPh, FACP, SFHM**; President, Florida Medical Association; Past-President, Florida Osteopathic Medical Association; Regional Chief Medical Officer, Broward Health Medical Center, Ft. Lauderdale

9:50-10:50 a.m. **112 – Managing Delirium in PALTC (1 hour)**

◀ **Gregory A. Sullivan, MD**; Geriatric Psychiatrist, Consultation-Liaison Service, James A. Haley Veterans Hospital; Assistant Professor of Psychiatry, University of South Florida Morsani College of Medicine; Program Director, Geriatric Psychiatry Fellowship, University of South Florida Morsani College of Medicine

10:55-11:55 a.m. **113 – Moving from Pandemic to Endemic (1 hour)**

◀ **David A. Nace, MD, MPH, CMD**; Associate Professor and Clinical Chief of Geriatric Medicine, University of Pittsburgh; Chief of Medical Affairs, UPMC Senior Communities; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◀ **Kimberly R. Smoak, MSH, QIDP**; Deputy Secretary, Division of Health Quality Assurance, Florida's Agency for Health Care Administration

◀ **Elizabeth Borer, RN**; Chief Nursing Officer, Millennial Healthcare Services

12-1 p.m. **Product Theater Lunch** (non-CME/CPE/CE)  
– **Sponsored by Neurocrine**

1-2 p.m. **114 – AMDA Public Policy Update (1 hour)**

◀ **Alex Bardakh, MPP, PLC**; Director, Public Policy & Advocacy, AMDA – The Society for Post-Acute and Long-Term Care Medicine

2:05-3:05 p.m. **Grand Opening of Trade Show,  
Poster Presentations, and Silent Auction**

3:15-4:15 p.m. **115 – Recognizing Burnout in  
Those Caring for Patients with Dementia (1 hour)**

◀ **Gregory James, DO, MPH, CMD**; National Medical Director, Policy & Operations; Senior Medical Director, Florida Market; Home & Community Care, OptumHealth

◀ **Nicholas James, PhD**; Staff Psychologist, Department of Veterans Affairs, Orlando Healthcare System.



\* **Product Theaters** – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.

# Best Care Practices in the Post-Acute and Long-Term Care Continuum



# 2022 Conference Agenda

4:20-5:20 p.m. **116 – Improving PALTC (1 hour)**

◀ Suzanne Gillespie, MD, CMD, RD, FACP; Associate Professor of Medicine, Division of Geriatrics/Aging, and Associate Professor of Emergency Medicine, University of Rochester School of Medicine and Dentistry; Associate Chief of Staff, Geriatrics Extended Care & Rehabilitation; President, AMDA – The Society for PALTC Medicine

5:25-6:55 p.m. **Exhibit Hall Welcome Reception**  
Refreshments sponsored by **VITAS Healthcare**  
**31<sup>st</sup> Annual Diamond Sponsor**

## SATURDAY, NOV. 5

6:30 a.m.-5:45 p.m. **Registration & Information**

7-8 a.m. **117 – Red-Eye Rounds: PALTC & Geriatrics Clinical Quandaries (1 hour)**

◀ Debra A. Danforth, DNP, APRN, FAANP; Associate Professor and Director, Clinical Learning Center, Clinical Science Department, Florida State University; President, Florida Geriatrics Society

◀ Simone Minto-Pennant, PharmD, BCPS, CPh; Pharmacy Consultant for Alwyn C. Cashe State Veterans' Nursing Home

◀ Paul Katz, MD, CMD; Professor and Chair, Department of Geriatrics, Florida State University College of Medicine; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◀ Naushira Pandya, MD, CMD, FACP; Professor and Chair, Dept. of Geriatrics, Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University; Project Director, NSU's South Florida Workforce Enhancement Program; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

8-9 a.m. **Continental Breakfast in Exhibit Hall with Trade Show, Poster Presentations, and Silent Auction**

Sponsored by **VITAS Healthcare**  
**31<sup>st</sup> Annual Diamond Sponsor**

9:05-10:35 a.m. **118 – National Leaders Forum (1.5 hours)**

◀ AMDA President Dr. Suzanne Gillespie, MD, CMD, RD, FACP; Associate Professor of Medicine, Division of Geriatrics/Aging, and Associate Professor of Emergency Medicine, University of Rochester School of Medicine and Dentistry; Associate Chief of Staff, Geriatrics Extended Care & Rehabilitation; President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◀ GAPNA President Jennifer L. Kim, DNP, GNP-BC, GS-C, FNAP, FAANP; Professor of Nursing, Vanderbilt School of Nursing

◀ NADONA President Robin Arnica, RN, FACDONA, IP-BC; Director of Infection Prevention, Erickson Senior Living

10:45-11:45 a.m. **119 – Best Practices for Pain Management in PALTC (1 hour)**

◀ F. Michael Gloth III, MD, FACP, AGSF, CMD; Clinical Professor of Geriatrics, Florida State University College of Medicine; Associate Professor of Medicine, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine; President and CEO, AMDG Naples 100 Senior Concierge and Consulting

11:45 a.m.-12:50 p.m. **Break in Exhibit Hall with Trade Show, Poster Presentations, and Silent Auction**

12:50-1:50 p.m. **Product Theater Luncheon (non-CME/CPE/CE)**  
– Sponsored by **Viatrix**

1:50-2:50 p.m. **120 – Get Smart About Diabetes in the Geriatric Population (1 hour)**

◀ David A. LeVine, MD, CMD; Medical Director and Chief Medical Officer, Menorah Manor, St. Petersburg, FL

2:55-3:55 p.m. **121 – AHCA Regulatory Update (1 hour)**

◀ Kimberly Smoak, MSH, QIDP; Deputy Secretary, Division of Health Quality Assurance, Florida's Agency for Health Care Administration

4-5 p.m. **CONCURRENT SESSIONS C (1 hour)**

**122 – Medicare Billing & Coding Update**

◀ Robert A. Zorowitz, MD, MBA, FACP; Regional Vice President, Health Affairs, Northeast, Humana

**123 – Medical Care of LGBTQ+ Older Adults in PALTC**

◀ Jonathan Seth Appelbaum, MD; Chair and Professor, Department of Clinical Sciences, Florida State University College of Medicine; Active Staff, Medicine, Tallahassee Memorial Healthcare; Medical Director, Care Point Health and Wellness

5:05-6:05 p.m. **124 – Keynote Address – State of the Hospice Benefit 2022 (1 hour)**

◀ Joseph Shega, MD; Senior Vice President and National Medical Director, VITAS; Associate Professor of Medicine, University of Central Florida; Co-Managing Editor, *Essential Practices in Hospice and Palliative Medicine*

6:10-7:40 p.m. **President's Wine & Cheese Reception**  
Sponsored by **Optum**  
**Quality Champion Award: Sponsored by Optum**

## SUNDAY, NOV. 6

55-minute session = 1.0 CME, 0.9 CNE;

80-minute session = 1.5 CMEs/1.33 CNEs hours)

6:45-7:45 a.m. **Conference Planning Committee Review & Wrap-up Breakfast Meeting**

7:30 a.m.-1 p.m. **Registration & Information**

7:20-9 a.m. **Continental Breakfast**

7:45-9:05 a.m. **125 – Geriatric Literature Review (1.5/1.33 hours)**

◀ Niharika Suchak, MBBS, MHS, FACP, AGSF; Clinician-Educator and Associate Professor, Department of Geriatrics, Florida State University College of Medicine; Director of Year 1 Clinical Skills, FSUCOM; Medical Director, FSU Telehealth; Chair, FSUCOM Telehealth Committee

9:15-10:10 a.m. **126 – A Case-Based Approach to Optimal Pharmacotherapy (1.0/0.9 hour)**

◀ Meenakshi Patel, MD, FACP, MMM, CMD; Principal Investigator, Valley Medical Research; Faculty for AMDA Core Curriculum; Clinical Associate Professor, Wright State University, Dayton, OH

◀ Naushira Pandya, MD, CMD, FACP; Professor and Chair, Department of Geriatrics, Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University; Project Director, NSU's South Florida Workforce Enhancement Program; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

10:15-11:35 a.m. **127 – Breaking Free from Osteoporosis (1.5/1.33 hours)**

◀ Brianna Wynne, MD; Assistant Professor of Geriatric Medicine, University of Florida

◀ Melania Trigo, PharmD; Consultant Pharmacist, Omnicare of South Florida, a CVS Company

◀ Justin C. Hess, PT, DPT, OCS; Orthopedic Research Manager, AdventHealth Sports Medicine and Rehab

11:40-12:40 p.m. **128 – Effective Usage of Psychiatric Medications in Nursing Facilities (1.0/0.9 hour)**

◀ Pari Deshmukh, MD; Medical Director, Balanced Wellbeing; Triple Board-Certified Psychiatrist

12:45 p.m. **END OF CONFERENCE:**  
Announcements, Door Prizes, etc.

– Please note that the speakers and topics for this meeting are subject to change without notice.



\* **Product Theaters** – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.

# Workshops & Hotel Reservations

## Bonus for Bringing a First-Time Attendee!

Bring a new colleague registrant to the 2022 Annual Conference and you both will receive a \$25 gift card!

**Guidelines:** 1. First-Time Attendees may not have attended in the past three years, nor be a member of your immediate family. 2. There is a limit of two \$25 gift cards per attendee. 3. Take advantage of this special offer by mentioning whom you referred when you register online or by mail. 4. Both you and your colleague must pay in full, in advance by **Sept. 30**. 5. This is a special program that will end on **Sept. 30**. 6. Receive your **GIFT CARD BONUS** when you check in for the conference at the Registration Desk in the conference center.

For more information, please contact Shane Bellotti, Director of Membership Services, (561) 689-6321.

## Silent Auction to Support Scholarships

FMDA takes an active role in outreach efforts to residents, interns, fellows, etc., with an interest in PALTC. It has sought to encourage, nurture, and mentor medical professionals, including young career physicians, advanced practice nurses, pharmacists, and PALTC administrators.

FMDA will be hosting a silent auction during this year's Annual Trade Show. All proceeds will benefit FMDA's Careers in Long-Term Care and AMDA's Futures Program.

FMDA is now accepting NEW donated items to be auctioned off at the conference. If you would like to support this worthy effort, please contact the business office at (561) 689-6321. FMDA is a 501(c)(3) non-profit organization.

## In Appreciation of Our Sponsors

(As of Aug. 20, 2022)

VITAS Healthcare – 31<sup>st</sup> Annual Diamond Sponsor  
Product Theaters sponsored by: Neurocrine, Teva, and Viatrix

The Rose Program – Friday's Continental Breakfast

CompMed – Bronze Grande Support

GuideStar Eldercare – Bronze Grande Support

Optum – Bronze Grande Support

Sunovion – Bronze Grande Support

Urovant – Bronze Grande Support

VITAS Healthcare – Saturday's Continental Breakfast

VITAS Healthcare – Friday's Welcome Reception in the Exhibit Hall

Optum – Wine & Cheese Reception

Optum – Quality Champion Award

## Conference Hotel Headquarters



### Loews Portofino Bay Hotel at Universal Orlando



**HOTEL RESERVATIONS:** FMDA has reserved a block of rooms at **Loews Portofino Bay Hotel**. The group rate is **\$275 single/double occupancy**; discounted self-parking is **\$15/day** and valet parking is **\$23/day** for all attendees; complimentary Wi-Fi service; and no daily resort fee.

To make a reservation, please call **Loews Reservation Center** at (833) 243-4727 and mention you are attending **FMDA – The Florida Society for PALTC Medicine or Best Care Practices conference**. To guarantee rate and room availability, you must **make your reservations no later than Sept. 30, 2022**. This special group rate will be applicable three (3) days prior to and three (3) days following the main program dates, subject to availability. You may also reserve your hotel room at <https://www.bestcarepractices.org/#hotel>.

## Theme Park Benefits at Loews Portofino Bay Hotel Get More Rides, More Often

When you stay at Loews Portofino Bay Hotel, you'll receive free\* **Universal Express Unlimited™** to skip the regular lines at participating rides and attractions at Universal Studios Florida™ and Universal's Islands of Adventure™, including The Amazing Adventures of Spider-Man®, Despicable Me Minion Mayhem™ and The Wizarding World of Harry Potter™. That's a value of \$109\* per person, per day. Valid theme park admission required.

You also get Early Park Admission\* to the Wizarding World of Harry Potter™ one hour before the parks open (\*valid theme park admission required).

On the conference website, you will find two videos that highlight the excitement at the **Loews Portofino Bay Hotel** and the theme parks at **Universal Orlando**. In addition to all the fun, you can take the complimentary water taxis from the **Loews Portofino Bay Hotel** right to the steps of **CityWalk** ([www.citywalk.com](http://www.citywalk.com)). Across the canal from the theme parks, and open to the public (for free), Universal's pedestrian mall entertainment district has themed restaurants, bars, a multiplex movie theater, miniature golf, shops, and a fountain for kids to play in. Live music, great food and FUN sum up the many entertainment options.



# 2022 REGISTRATION FORM

Nov. 3-6, 2022

Loews Portofino Bay Hotel at Universal Orlando

**Yes, I would like to register now!**

<b>Registration – Choose 1</b>	
<input type="checkbox"/> Paid-up members: Full registration* (choose one) <input type="radio"/> FMDA, <input type="radio"/> NADONA, <input type="radio"/> FL-GAPNA, or <input type="radio"/> FGS .....	\$399
<input type="checkbox"/> * New/renewing FMDA members: Full registration* (includes \$100 for annual dues) .....	\$499
<input type="checkbox"/> Non-member Practitioners: Full registration* .....	\$549
<b>Registration – Choose 2</b>	
<input type="checkbox"/> Unlicensed registrants: Full registration* includes Organizational Affiliate Membership .....	\$675
<input type="checkbox"/> Physician Fellows, Interns, and Residents in geriatrics, family practice, or internal medicine (Full registration*) ..	\$75
<input type="checkbox"/> Full-time Students: MD/DO/PA/NP/RN/PharmD/RPh/NHA or ALF administration (Full registration*) .....	\$75
<b>Registration – Choose 3</b>	
<input type="checkbox"/> Friday-only Registration: Includes all sessions, CMEs/CEs/CPEs, Trade Show, scheduled meals, product theaters, and reception .....	\$229
<input type="checkbox"/> Saturday-only Registration: Includes all sessions, CMEs/CEs/CPEs, Trade Show, scheduled meals, and reception .....	\$229
<input type="checkbox"/> Sunday-only Registration: Includes breakfast, educational sessions, and CMEs/CEs/CPEs .....	\$149
<b>Registration – Choose 4</b>	
<input type="checkbox"/> Persistent Impact of Long COVID: All five (5) Preconference Sessions (101-105) on Thursday, Nov. 3, 2022 .....	\$185
Three (3) Morning Sessions: 101: Long COVID – State of the State (0.75 hr.); 102: Healing Challenges Associated with COVID-19 Skin and Long-Haulers (0.75 hr.); 103: Boots on the Ground: A Panel Discussion (1.5 hrs.) <input type="checkbox"/> Three (3) Morning Sessions Only .....	\$110
Two (2) Afternoon Sessions: 104: EKG Abnormalities in PALTC in the COVID Era (2.0 hrs.); 105: Prognostication: Including Attributes and Predictors of Long COVID (1.0 hr.) .....	\$110
<input type="checkbox"/> Two (2) Afternoon Sessions Only .....	\$110
<input type="checkbox"/> Misc.: One-day Trade Show Pass (not intended for vendors) .....	\$65

\*FULL REGISTRATION FEE: Includes attendance at all receptions, planned meals, Trade Show admission, and educational sessions, starting with session #106 on Thursday, Nov. 3, through the end of Sunday, Nov. 6, 2022. Preconference workshops are extra.

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<input type="checkbox"/> By checking this box, I consent to have FMDA share my contact information with BCP 2022 exhibitors & supporters. FMDA relies on exhibitors and sponsors to help support the organization and the conference. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at FMDA's 31 <sup>st</sup> Annual Conference. Make checks payable to "FMDA" and mail to: 400 Executive Center Drive, #208, West Palm Beach, FL 33401			
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## Please Help us Better Process Your Registration (agenda subject to change)

1. \_\_\_\_\_ Yes, I would like to make a special meal request, please contact Shane Bellotti at [sbellotti@fmda.org](mailto:sbellotti@fmda.org). 2. New FMDA members: Name of the FMDA member who referred you? \_\_\_\_\_ 3. Yes, I am a 1<sup>st</sup>-time attendee. 4. NOTE: Due to space limitations, planned conference meals are provided only to registrants.

\*Confirm your attendance with the product theaters when you arrive at the conference – first come, first served – as space is limited.

There will be a \$75 administration fee for all written cancellation requests received on or prior to Oct. 3, 2022. There will be no refunds after Oct. 3, 2022. There is a \$35 charge for all returned checks.  
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## Best Care Practices in the Post-Acute and Long-Term Care Continuum 2022

400 Executive Center Drive, Suite 208  
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**Attention: MDs, DOs, CMDs, PharmDs, RPhs, ARNPs, PAs, DONs, RNs, and NHAs**

## Here's How Attendees Describe Last Year's Best Care Practices in the Post-Acute and Long-Term Care Continuum

"Have been attending the FMDA conference for 14 years as a student, resident, and now an attending physician – this meeting is outstanding and the group feels like family. It doesn't get any better than that!"

– Elizabeth Hames, DO, CMD; Homestead, FL

"Thanks for another EXCELLENT conference!"

– Kimberly Jackson, PharmD, CPh; Jacksonville, FL

"Thank you for providing outstanding opportunities for us to grow and learn all these years. Congratulations on 30 years!!! I want to extend my gratitude and appreciation for your support in my career.

Close to two decades you have supported me with education, provided opportunities, and reminded me every year how important our work in LTC is to our members."

– Jackie Hagman, APRN-GNP; Valrico, FL

"I truly enjoy coming to this event."

– Eduardo Diaz, MD; Montverde, FL

"Presentations were pretty dynamic and kept focus on addressing possible strategies to be used in our settings. It was a great conference."

– Alfonso Gonzalez-Rodriguez, MD, MBA; Orlando, FL

"Fabulous conference – loved the variety of topics discussed."

– Samantha Quigley, PharmD, CPh; Odessa, FL

"This conference was great considering COVID-19 pandemic. FMDA did an awesome job of providing a safe effective conference this year. I'm looking forward to next year."

– Marcia Gilkes, APRN, DNP, MHNP-BC, GNP-BC; Loxahatchee, FL

"Well organized and updated protocol."

– Cesar Figueroa, MD; Delray Beach, FL

"Keep up the good work – very well done."

– Rick Foley, PharmD, CPh, FASCP, BCGP; Sorrento, FL

"I think it was very easy to connect with people and it was wonderful to have info shared. Learned lots of new ideas and perspectives on patient care."

– Diane Sanders-Cepeda, DO, CMD; Cooper City, FL

"Thank you again for another wonderful conference! Learned tons of valuable information from the preconference sessions."

– Tamara Langley, APRN, FNP-BC; Riviera Beach, FL

"It was an outstanding conference."

– Kenya Rivas, MD, CMD; Miami, FL

"All presentations were excellent!"

– Sujoy Khasnavis, MD; New Rochelle, NY

"Always well organized."

– Hugh Thomas, DO, CMD; Oviedo, FL

"Great conference! Very happy with the content. Will be back next year."

– Sophia Lyn-ChinQue, FNP, AGPCNP; Wellington, FL

"Everything was well organized and presented."

– Sujatha Baskar, MD, CMD; Tavares, FL

"Excellent conference as usual."

– Karl Dhana, MD, CMD; West Palm Beach, FL

**ATTENTION CERTIFIED MEDICAL DIRECTORS:** Attendance at Best Care Practices in the Post-Acute and Long-Term Care Continuum meets your AMDA Certification CMD recertification live meeting requirement. Attend annually to earn live ABPLM pre-approved credits toward certification or recertification as a Certified Medical Director through the American Board of Post-Acute and Long-Term Care Medicine.