

# **31<sup>st</sup> Annual Conference**

# November 3-6, 2022

# Loews Portofino Bay Hotel at Universal Orlando

Joint Provided by FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine and AMDA - The Society for Post-Acute and Long-Term Care Medicine

Held in collaboration with the Florida Chapters of Gerontological Advanced Practice Nurses Association, National Association of Directors of Nursing Administration, and Florida Geriatrics Society



The Florida Society For Post-Acute And Long-Term Care Medicine

fmda

SOCIETY

FLORIDA GERIATRICS

Nationally recognized speakers on cutting-edge issues that impact best practices + Excellent range of clinical topics + Hear national leaders discuss the critical challenges in the post-acute and long-term care continuum + Enhanced networking opportunities to establish and maintain relationships Earn continuing education credits for physicians, pharmacists, advanced practice nurses, nurse administrators, and nursing home administrators + Medical directors earn credit hours toward CMD certification + Consultant pharmacists earn recertification credit hours +

# Nov. 3-6, 2022 \* Loews Portofino Bay Hotel at Universal Orlando, Florida \*



EDUCATION COMMITTEE CHAIR/NURSE PLANNER: Michelle A. Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC PROGRAM DIRECTOR: Kenya Rivas, MD, FAAFP, CMD; Vice Chair, Education Committee AMDA LIAISON: Robert Kaplan, MD, FACP, CMD; Past-Chair, ABPLM; Past-President, FMDA NADONA LIAISON: Sherrie Dornberger, RNC, GDCN, CDONA, FACDONA; Executive Director **TICES** FLORIDA CHAPTERS OF GAPNA LIAISON: Michelle Lewis, DNP, MSN, ARNP, FNP-BC, GNP-BC; President, FL-GAPNA FLORIDA GERIATRICS SOCIETY LIAISON: Debra Danforth, DNP, APRN, FAANP; President, FGS In the Post-Acute & CONSULTANT PHARMACISTS LIAISON: Rick Foley, PharmD, CPh, BCGP, FASC; Past-Chair, FL Chapter – ASCP

COMMITTEE MEMBERS: Shark Bird, MD, CMD, CWSP; F. Michael Gloth, MD, FACP, AGSF, CMD; Maria R. Gonzalez, MD, Long-Term Care Continuum FAAFP, CMD; Alfonso Gonzalez-Rodriguez, MD; Elizabeth Hames, DO, CMD; Elizabeth Hidlebaugh, MD; Leonard Hock Jr., DO, MACOI, CMD; Kimberly Jackson, PharmD, CPh; Simone Minto-Pennant, PharmD; Jennifer Moses-Powell, DNP, CRNP; Samantha

Quigley, PharmD; Rhonda L. Randall, DO; Bernardo Reyes, MD, CMD, AGSF; Michael Samarkos, PharmD; Diane Sanders-Cepeda, DO, CMD; Bhanuprasad Sandesara, MD, CMD; Niharika Suchak, MBBS, MHS, FACP, AGSF; Laurie Sheffield, ARNP, DNP; Brianna Wynne, MD

# CONTINUING MEDICAL EDUCATION for PHYSICIANS (MDs and DOs) & PHYSICIAN ASSISTANTS

Accreditation Statement: This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.



Credit Designation Statement: AMDA - The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 30.5 AMA PRA Category *1 Credits*<sup>TM</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

CMD Credit Statement: This live activity has been pre-approved by ABPLM for a total of 21.75\* management hours and 8.75\* clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the American Board of Post-Acute and Long-Term Care Medicine. Each physician should claim only those hours of credit actually spent on the activity. (\* Subject to change.)

This program has been approved by the Florida Board of Medicine, Florida Board of Osteopathic Medicine, and Florida Physician Assistants. CE Broker Program Tracking Number 20-928545.

American Osteopathic Association Credit: AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

# PHARMACIST CONTINUING EDUCATION

General Pharmacist Credit: The Association for Medication Education (AME) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 27.5 contact hours. Session 122 is NOT approved for pharmacist CE. Each individual session of this conference has received a separate Universal Activity Number (UAN). For details related to learning objectives, speakers, and UAN numbers for each session, go to www.bestcarepractices.org. ACPE credit is for pharmacists only.

Florida Consultant Recertification: Accreditation of the program for consultant pharmacist recertification is pending at the time of brochure printing. When further information is available, it will be posted at www.bestcarepractices.org.



# NATIONAL CONTACT HOURS for NURSES

This activity has been submitted to the Ohio Nurses Association (ONA) for a total of 29.5\* contact hours of continuing education and 26.5\* maximum participant hours. ONA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

# CONTACT HOURS for NURSE ADMINISTRATORS, FLORIDA LICENSED NURSES, and LONG-TERM CARE ADMINISTRATORS

This educational program has been submitted to Florida Association Directors of Nursing Administration/LTC - Florida Department of Health, Division of Medical Quality Assurance (Florida Board of Nursing/Florida Board of Nursing Home Administrator CE Broker Provider ID Number 50-682) for a total of 29.5\* contact 7 hours of continuing education and 26.5\* maximum participant hours.

\* Subject to rounding and final approval.



# **Annual Program Description**

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: COVID-19 Skin and Long-Haulers Healing Challenges Deprescribing for Older Adults Diabetes in the Geriatric Population Effective Usage of Psychiatric Medications in Nursing Facilities EKG Abnormalities in COVID Era Geriatric Literature Review Healthcare Worker Burnout Hospice Benefit 2022 Improving PALTC Long COVID Managing Delirium Medical Care of LGBTQ+ Older Adults Medicare Billing & Coding Update Medication-Related Cases with Adverse Events Mindfulness: Taking Care of You While You Take Care of Others Moving from Pandemic to Endemic National Leaders Forum Osteoporosis Pain Management Prognostication Public Policy Update Red-Eye Rounds: PALTC & Geriatrics Clinical Quandaries Regulatory Update Specialized Care for People Living with Dementia Staff Burnout in Caring for Patients with Dementia Telemedicine Research

# **Target Audience**

This conference is designed to educate physicians, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing in LTC, registered nurses, and long-term care administrators, as well as geriatricians, primary care and home care physicians, physicians considering becoming long-term care medical directors, hospice medical directors, or home care medical directors, and others with an interest in geriatrics and its continuum of care. The faculty includes national and regional authorities in the fields of medical direction, senior care pharmacology, post-acute and long-term care medicine, and geriatric medicine.

# **Annual Program Objectives**

Upon completion of the Best Care Practices in the Post-Acute and Long-Term Continuum Care conference, participants should be able to:

- 1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum
- 2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum
- 3. Discuss the current and emerging national issues and public policy efforts of AMDA The Society for Post-Acute and Long-Term Care Medicine, Gerontological Advanced Practice Nurses Association, and National Association of Direcors of Nursing Administration/LTC
- 4. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings
- 5. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine

# **POSTER SESSION SCHEDULE**

# Friday, Nov. 4, 2022

2:05-3:05 p.m.; 5:25-6:55 p.m. Posters open at 2:05 p.m. Presenters required to atte

8-9 a.m. 11:45 a.m.-12:50 p.m. 6:10-7:40 p.m. Presenters required to attend both sessions <u>Saturday, Nov. 5, 2022</u> Presenters approvingeed to attend

Presenters encourageed to attend Presenters required to attend Recognition of Presenters

Go to www.bestcarepractices.org for more information on how to submit your poster.

**Convenient Conference Registration Options** 

✓ Mail the registration form on page 7 with the payment.

✓ Pay online with a credit card by going to www.bestcarepractices.org.

The Best Care Practices in the Post-Acute and Long-Term Care Continuum conference logo is a trademark of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine, Inc.

# 2022 Conference Agenda

# **OPTIONAL PRE-CONFERENCE**

# THURSDAY, NOV. 3

7:15 a.m.-6 p.m. Registration & Information

Persistent Impact of Long COVID Sessions 101-105

8:45-9:30 a.m. 101 – Long COVID: State of the State (0.75 hour)

◀ Diane Sanders-Cepeda, DO, CMD; Senior Medical Director, UnitedHealthcare; President, FMDA, and Chair, FMDA's Journal Club

#### 9:35-10:20 a.m. 102 – Healing Challenges Associated with COVID-19 Skin and Long-Haulers (0.75 hour)

 Pamela Scarborough, PT, DPT, MS, CWS, CEEAA; Vice President of Clinical Affairs, American Medical Technologies

#### 10:25-11:55 a.m. 103 – Boots on the Ground: A Panel Discussion (1.5 hours)

✓ Swati Gaur, MD, MBA, CMD; Medical Director, New Horizons Nursing Facilities, Northeast Georgia Health System; CEO, Care Advances Through Technology

◄ Carmelle A. Casimir, DNP, FNP–BC; Senior Clinical Services Manager, Optum Nurse Practitioner Care Delivery & Management

◄ Ginny Hoar, PharmD, BCGP; Manager, Consultant Pharmacists (AR, AL, MS, LA, GA), Omnicare, a CVS Health Company

**Moderators: Diane Sanders-Cepeda, DO, CMD;** Senior Medical Director, UnitedHealthcare; President, FMDA, and Chair, FMDA's Journal Club

Pamela Scarborough, PT, DPT, MS, CWS, CEEAA; Vice President of Clinical Affairs, American Medical Technologies

11:55 a.m.-12:50 p.m. Product Theater Lunch (non-CME/CPE/CE) – Sponsored by Teva

#### 12:50-2:50 p.m. 104 – EKG Abnormalities in PALTC in the COVID Era (2 hours)

◄ Elizabeth Hidlebaugh, MD; Board-Certified Internist and Geriatrician, AMDG Naples 100 Senior Concierge and Consulting, Naples, FL; Assistant Professor, Immokalee Training Site, Department of Geriatrics, Florida State University College of Medicine

◄ Bernardo J. Reyes, MD, CMD, AGSF; Assistant Professor of Geriatric Medicine, Charles E. Schmidt College of Medicine, Florida Atlantic University; Associate Program Director, Internal Medicine Residency  3-4 p.m. 105 – Prognostication: Including Attributes and Predictors of Long COVID (1 hour)
 ▲ Leonard R. Hock Jr., DO, MACOI, CMD; Palliative Physician; Past-President, FMDA

# **START OF CONFERENCE**

4:10-5:10 p.m. 106 – The Importance of Deprescribing for Older Adults (1 hour)

 Ginny Hoar, PharmD, BCGP; Manager, Consultant Pharmacists (AR, AL, MS, LA, GA), Omnicare, a CVS Health Company
 Wilfredo C. Aqui Jr., Pharm D, MT; Florida Clinical Manager (District 8), Omnicare, a CVS Health Company

## 5:20-6:20 p.m. CONCURRENT SESSIONS A (1 hour)

# **107 – Mindfulness: Taking Care of You** While You Take Care of Others (1 hour)

◄ Laura Tubbs, RN, MSN, MSEd, CDP, CQP, LNHA; Assistant Professor, International College of Health Sciences

108 – Update on Telemedicine Research (1 hour)

◀ John Whitman, MBA, NFA; Faculty, University of Pennsylvania Wharton Healthcare Management; Executive Director, The TRECS Institute

6:30-7:30 p.m. CONCURRENT SESSIONS B (1 hour)

## **109 – Coping with Healthcare Worker Burnout**

 Christine Cauffield, PsyD; Geriatric Neuropsychologist; CEO, LSF Health Systems

#### 110 – Specialized Co-Management Care for People Living with Dementia

◄ Michelle Moccia, DNP, ANP-BC, GS-C; Program Director Senior ER, St. Mary Mercy Hospital, Livonia, MI; Past-President, Gerontological Advanced Practice Nurses Association

 Michelle Panlilio, DNP, GNP-BC; Dementia Care Specialist, Nurse Practitioner, UCLA Alzheimer's and Dementia Care Program

# FRIDAY, NOV. 5

7:15 a.m.-6 p.m. Registration & Information

7:30-8:30 a.m. Continental Breakfast – Sponsored by The Rose Program

7:45-8:30 a.m. FMDA Annual Membership Meeting

8:35-8:45 a.m. President's Welcome – Diane Sanders-Cepeda, DO, CMD

# 8:45-9:45 a.m. 111 – Keynote Address (1 hour)

◀ Joshua D. Lenchus, DO, RPh, FACP, SFHM; President, Florida Medical Association; Past-President, Florida Osteopathic Medical Association; Regional Chief Medical Officer, Broward Health Medical Center, Ft. Lauderdale 9:50-10:50 a.m. 112 – Managing Delirium in PALTC (1 hour) Gregory A. Sullivan, MD; Geriatric Psychiatrist, Consultation-Liaison Service, James A. Haley Veterans Hospital; Assistant Professor of Psychiatry, University of South Florida Morsani College of Medicine; Program Director, Geriatric Psychiatry Fellowship, University of South Florida Morsani College of Medicine

### 10:55-11:55 a.m. 113 – Moving from Pandemic to Endemic (1 hour)

◀ David A. Nace, MD, MPH, CMD; Associate Professor and Clinical Chief of Geriatric Medicine, University of Pittsburgh; Chief of Medical Affairs, UPMC Senior Communities; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

**Kimberly R. Smoak, MSH, QIDP;** Deputy Secretary, Division of Health Quality Assurance, Florida's Agency for Health Care Administration

◄ Elizabeth Borer, RN; Chief Nursing Officer, Millennial Healthcare Services

#### 12-1 p.m. Product Theater Lunch (non-CME/CPE/CE) – Sponsored by Neurocrine

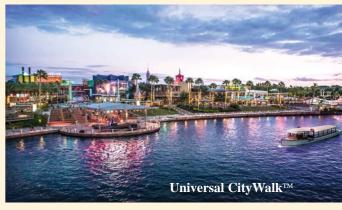
1-2 p.m. 114 – AMDA Public Policy Update (1 hour) ◄ Alex Bardakh, MPP, PLC; Director, Public Policy & Advocacy, AMDA – The Society for Post-Acute and Long-Term Care Medicine

2:05-3:05 p.m. Grand Opening of Trade Show, Poster Presentations, and Silent Auction

## 3:15-4:15 p.m. 115 – Recognizing Burnout in Those Caring for Patients with Dementia (1 hour)

◄ Gregory James, DO, MPH, CMD; National Medical Director, Policy & Operations; Senior Medical Director, Florida Market; Home & Community Care, OptumHealth

◀ Nicholas James, PhD; Staff Psychologist, Department of Veterans Affairs, Orlando Healthcare System.



\* **Product Theaters** – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.

# 2022 Conference Agenda

4:20-5:20 p.m. 116 – Improving PALTC (1 hour) ◄ Suzanne Gillespie, MD, CMD, RD, FACP; Associate Professor of Medicine, Division of Geriatrics/Aging, and Associate Professor of Emergency Medicine, University of Rochester School of Medicine and Dentistry; Associate Chief of Staff, Geriatrics Extended Care & Rehabilitation; President, AMDA – The Society for PALTC Medicine

#### 5:25-6:55 p.m. Exhibit Hall Welcome Reception Refreshments sponsored by VITAS Healthcare 31<sup>st</sup> Annual Diamond Sponsor

# **SATURDAY, NOV. 5**

6:30 a.m.-5:45 p.m. Registration & Information

7-8 a.m. 117 – Red-Eye Rounds: PALTC & Geriatrics Clinical Quandaries (1 hour)

◄ Debra A. Danforth, DNP, APRN, FAANP; Associate Professor and Director, Clinical Learning Center, Clinical Science Department, Florida State University; President, Florida Geriatrics Society

 Simone Minto-Pennant, PharmD, BCPS, CPh; Pharmacy Consultant for Alwyn C. Cashe State Veterans' Nursing Home
 Paul Katz, MD, CMD; Professor and Chair, Department of Geriatrics, Florida State University College of Medicine; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

✓ Naushira Pandya, MD, CMD, FACP; Professor and Chair, Dept. of Geriatrics, Kiran C.Patel College of Osteopathic Medicine, Nova Southeastern University; Project Director, NSU's South Florida Workforce Enhancement Program; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

8-9 a.m. Continental Breakfast in Exhibit Hall with Trade Show, Poster Presentations, and Silent Auction

#### Sponsored by VITAS Healthcare 31<sup>st</sup> Annual Diamond Sponsor

9:05-10:35 a.m. 118 – National Leaders Forum (1.5 hours) ◀ AMDA President Dr. Suzanne Gillespie, MD, CMD, RD, FACP; Associate Professor of Medicine, Division of Geriatrics/Aging, and Associate Professor of Emergency Medicine, University of Rochester School of Medicine and Dentistry; Associate Chief of Staff, Geriatrics Extended Care & Rehabilitation; President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◄ GAPNA President Jennifer L. Kim, DNP, GNP-BC, GS-C, FNAP, FAANP; Professor of Nursing, Vanderbilt School of Nursing

ADDONA President Robin Arnicar, RN, FACDONA, IP-BC; Director of Infection Prevention, Erickson Senior Living

#### 10:45-11:45 a.m. 119 – Best Practices for Pain Management in PALTC (1 hour)

◄ F. Michael Gloth III, MD, FACP, AGSF, CMD; Clinical Professor of Geriatrics, Florida State University College of Medicine; Associate Professor of Medicine, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine; President and CEO, AMDG Naples 100 Senior Concierge and Consulting

11:45 a.m.-12:50 p.m. Break in Exhibit Hall with Trade Show, Poster Presentations, and Silent Auction

12:50-1:50 p.m. Product Theater Luncheon (non-CME/CPE/CE) – Sponsored by Viatris

#### 1:50-2:50 p.m. 120 – Get Smart About Diabetes in the Geriatric Population (1 hour)

**4 David A. LeVine, MD, CMD;** Medical Director and Chief Medical Officer, Menorah Manor, St. Petersburg, FL

2:55-3:55 p.m. 121 – AHCA Regulatory Update (1 hour) Kimberly Smoak, MSH, QIDP; Deputy Secretary, Division of Health Quality Assurance, Florida's Agency for Health Care Administration

#### 4-5 p.m. CONCURRENT SESSIONS C (1 hour)

## 122 – Medicare Billing & Coding Update

**Robert A. Zorowitz, MD, MBA, FACP;** Regional Vice President, Health Affairs, Northeast, Humana

**123** – **Medical Care of LGBTQ+ Older Adults in PALTC** ◄ **Jonathan Seth Appelbaum, MD;** Chair and Professor, Department of Clinical Sciences, Florida State University College of Medicine; Active Staff, Medicine, Tallahassee Memorial Healthcare; Medical Director, Care Point Health and Wellness

#### 5:05-6:05 p.m. 124 – Keynote Address – State of the Hospice Benefit 2022 (1 hour)

◄ Joseph Shega, MD; Senior Vice President and National Medical Director, VITAS; Associate Professor of Medicine, University of Central Florida; Co-Managing Editor, *Essential Practices in Hospice* and Palliative Medicine

6:10-7:40 p.m. President's Wine & Cheese Reception Sponsored by Optum Quality Champion Award: Sponsored by Optum

# SUNDAY, NOV. 6

55-minute session = 1.0 CME, 0.9 CNE; 80-minute session = 1.5 CMEs/1.33 CNEs hours)

6:45-7:45 a.m. Conference Planning Committee Review & Wrap-up Breakfast Meeting

7:30 a.m.-1 p.m. Registration & Information

7:20-9 a.m. Continental Breakfast

7:45-9:05 a.m. 125 – Geriatric Literature Review (1.5/1.33 hours) ◄ Niharika Suchak, MBBS, MHS, FACP, AGSF; Clinician-Educator and Associate Professor, Department of Geriatrics, Florida State University College of Medicine; Director of Year 1 Clinical Skills, FSUCOM; Medical Director, FSU Telehealth; Chair, FSUCOM Telehealth Committee

#### 9:15-10:10 a.m. 126 – A Case-Based Approach to Optimal Pharmacotherapy (1.0/.09 hour)

◀ Meenakshi Patel, MD, FACP, MMM, CMD; Principal Investigator, Valley Medical Research; Faculty for AMDA Core Curriculum; Clinical Associate Professor, Wright State University, Dayton, OH

◀ Naushira Pandya, MD, CMD, FACP; Professor and Chair, Department of Geriatrics, Kiran C.Patel College of Osteopathic Medicine, Nova Southeastern University; Project Director, NSU's South Florida Workforce Enhancement Program; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

10:15-11:35 a.m. 127 – Breaking Free from Osteoporosis (1.5/1.33 hours)

**◄ Brianna Wynne, MD;** Assistant Professor of Geriatric Medicine, University of Florida

 Melania Trigo, PharmD; Consultant Pharmacist, Omnicare of South Florida, a CVS Company

◄ Justin C. Hess, PT, DPT, OCS; Orthopedic Research Manager, AdventHealth Sports Medicine and Rehab

#### 11:40-12:40 p.m. 128 – Effective Usage of Psychiatric Medications in Nursing Facilities (1.0/0.9 hour)

Pari Deshmukh, MD; Medical Director, Balanced Wellbeing;
 Triple Board-Certified Psychiatrist

# 12:45 p.m. END OF CONFERENCE:

Announcements, Door Prizes, etc.

- Please note that the speakers and topics for this meeting are subject to change without notice.



\* **Product Theaters** – CE/CME credit is not available for Product Theaters. In compliance with PhRMA guidelines, spouses and other guests of health care professionals are not permitted to attend company-sponsored Product Theater programs. Certain state-specific, government employee, and other restrictions may apply.

# **Bonus for Bringing a First-Time Attendee!**

# Bring a new colleague registrant to the 2022 Annual Conference and you both will receive a \$25 gift card!

**Guidelines: 1**. First-Time Attendees may not have attended in the past three years, nor be a member of your immediate family. **2**. There is a limit of two \$25 gift cards per attendee. **3**. Take advantage of this special offer by mentioning whom you referred when you register online or by mail. **4**. Both you and your colleague must pay in full, in advance by **Sept. 30**. **5**. This is a special program that will end on **Sept. 30**. **6**. Receive your **GIFT CARD BONUS** when you check in for the conference at the Registration Desk in the conference center.

For more information, please contact Shane Bellotti, Director of Membership Services, (561) 689-6321.

# Cilent Auction to Support Scholarships

FMDA takes an active role in outreach efforts to residents, interns, fellows, etc., with an interest in PALTC. It has sought to encourage, nurture, and mentor medical professionals, including young career physicians, advanced practice nurses, pharmacists, and PALTC administrators.

FMDA will be hosting a silent auction during this year's Annual Trade Show. All proceeds will benefit FMDA's Careers in Long-Term Care and AMDA's Futures Program.

FMDA is now accepting NEW donated items to be auctioned off at the conference. If you would like to support this worthy effort, please contact the business office at (561) 689-6321. FMDA is a 501(c)(3) non-profit organization.

# In Appreciation of Our Sponsors

VITAS Healthcare – 31<sup>st</sup> Annual Diamond Sponsor Product Theaters sponsored by: Neurocrine, Teva, and Viatris The Rose Program – Friday's Continental Breakfast CompMed – Bronze Grande Support GuideStar Eldercare – Bronze Grande Support Optum – Bronze Grande Support Sunovion – Bronze Grande Support Urovant – Bronze Grande Support VITAS Healthcare – Saturday's Continental Breakfast VITAS Healthcare – Friday's Welcome Reception in the Exhibit Hall Optum – Wine & Cheese Reception Optum – Quality Champion Award

# **Conference Hotel Headquarters**



# Loews Portofino Bay Hotel at Universal Orlando



HOTEL RESERVATIONS: FMDA has reserved a block of rooms at Loews Portofino Bay Hotel. The group rate is \$275 single/double occupancy; discounted self-parking is \$15/day and valet parking is \$23/day for all attendees; complimentary Wi-Fi service; and no daily resort fee.

To make a reservation, please call **Loews Reservation Center** at **(833) 243-4727** and mention you are attending **FMDA – The Florida Society for PALTC Medicine** or **Best Care Practices conference**. To guarantee rate and room availability, you must **make your reservations no later than Sept. 30, 2022.** This special group rate will be applicable three (3) days prior to and three (3) days following the main program dates, subject to availability. You may also reserve your hotel room at **https://www.bestcarepractices.org/#hotel**.

# Theme Park Benefits at Loews Portofino Bay Hotel Get More Rides, More Often

When you stay at Loews Portofino Bay Hotel, you'll receive free\* **Universal Express Unlimited**<sup>™</sup> to skip the regular lines at participating rides and attractions at Universal Studios Florida<sup>™</sup> and Universal's Islands of Adventure<sup>™</sup>, including The Amazing Adventures of Spider-Man<sup>®</sup>, Despicable Me Minion Mayhem<sup>™</sup> and The Wizarding World of Harry Potter<sup>™</sup>. That's a value of \$109\* per person, per day. Valid theme park admission required.

You also get Early Park Admission<sup>\*</sup> to the Wizarding World of Harry Potter<sup>™</sup> one hour before the parks open (\*valid theme park admission required).

On the conference website, you will find two videos that highlight the excitement at the **Loews Portofino Bay Hotel** and the theme parks at **Universal Orlando**. In addition to all the fun, you can take the complimentary water taxis from the **Loews Portofino Bay Hotel** right to the steps of **CityWalk** (www.citywalk.com). Across the canal from the theme parks, and open to the public (for free), Universal's pedestrian mall entertainment district has themed restaurants, bars, a multiplex movie theater, miniature golf, shops, and a fountain for kids to play in. Live music, great food and FUN sum up the many entertainment options.

W

W

W

# Early-bird DEADLINE is Sept. 30, 2022 **REGISTRATION FORM** 2022

# 

3								Ϋ́ς Γ				
<b>o</b> u	\$349 \$449 \$499	\$675	\$75 \$75	\$229 \$229 \$149	\$185 \$110	\$110	\$65	sessio tra.	ë			
egister	5 FGS		gistration*) n*)	and reception on	.022			and educational orkshops are ext	State:			
d like to r	A, O FL-GAPNA, or C II dues)	ate Membership	tternal medicine (Full re ration (Full registration	uled meals, product theaters, sheduled meals, and reception (CPEs	) on Thursday, Nov. 3, 2 02: Healing Challenges Panel Discussion (1.5 hr	<b>a</b> (2.0 hrs.); <b>COVID</b> (1.0 hr.)		Trade Show admission, , 2022. Preconference w	License #:	Specialty:		Phone:
Yes, I would like to register now	) C FMDA, O NADON/ n* (includes \$100 for annua	es Organizational Affilia	atrics, family practice, or ir Ph/NHA or ALF administ	Es/CPEs, Trade Show, schedu Es/CEs/CPEs, Trade Show, sc inal sessions, and CMEs/CEs/	erence Sessions (101-105 e of the State (0.75 hr.); 11 Boots on the Ground: A F	rnoon Sessions: 104: EKG Abnormalities in PALTC in the COVID Era (2.0 hrs.); 105: Prognostication: Including Attributes and Predictors of Long COVID (1.0 hr.) Two (2) Afternoon Sessions Only	dors)	septions, planned meals, the end of Sunday, Nov. 6				State/ZIP:
versal Orlando	gistration* (choose one mbers: Full registratio s: Full registration*	<pre>Ill registration* include</pre>	s, and Residents in geri O/PA/NP/RN/PharmD/R	ncludes all sessions, CMEs/C n: Includes all sessions, CMI : Includes breakfast, educatiti	Impact of Long COVID: All five (5) Preconference (5) Preconference (5) Incrining Sessions: 101: Long COVID – State of the D-19 Skin and Long-Haulers (0.75 hr.); 103: Boots o Three (3) Morning Sessions Only	tternoon Sessions: 104: EKG Abnormalities in PALTC in the COVID 105: Prognostication: Including Attributes and Predictors of Lon,  Two (2) Afternoon Sessions Only	/ Pass (not intended for ven	udes attendance at all re ursday, Nov. 3, through t	Title:			
Loews Portofino Bay Hotel at Universal Orlando	Paid-up members: Full registration* (choose one) O FMDA, O NADONA, O FL-GAPNA, or O FGS	Unlicensed registrants: Full registration* includes Organizational Affiliate Membership	Physician Fellows, Interns, and Residents in geriatrics, family practice, or internal medicine (Full registration*) Full-time Students: MD/DO/PA/NP/RN/PharmD/RPh/NHA or ALF administration (Full registration*)	Friday-only Registration: Includes all sessions, CMEs/CEs, Trade Show, scheduled meals, product theaters, and reception Saturday-only Registration: Includes all sessions, CMEs/CEs/CPEs, Trade Show, scheduled meals, and reception Sunday-only Registration: Includes breakfast, educational sessions, and CMEs/CEs/CPEs	Persistent Impact of Long COVID: All five (5) Preconference Sessions (101-105) on Thursday, Nov. 3, 2022 Three (3) Morning Sessions: 101: Long COVID – State of the State (0.75 hr.); 102: Healing Challenges Associated with COVID-19 Skin and Long-Haulers (0.75 hr.); 103: Boots on the Ground: A Panel Discussion (1.5 hrs.)	Two (2) Afternoon Sessions: 104: EKG Abnormalities in PALTC in the COVID Era (2.0 hrs.); 105: Prognostication: Including Attributes and Predictors of Long COVID (1.0 Two (2) Afternoon Sessions Only	Misc.: One-day Trade Show Pass (not intended for vendors)	*FULL REGISTRATION FEE: Includes attendance at all receptions, planned meals, Trade Show admission, and educational sessions, starting with session #106 on Thursday, Nov. 3, through the end of Sunday, Nov. 6, 2022. Preconference workshops are extra.	ne:	Facility Name/Affiliation:	Mailing Address:	
ews P(					C	-		*FUL starti	Name:	Fac	Mai	City:
Lo	Registration	n – C	hoose 1	Single-Day	Opti Precon							

t

С

3

ľ

e

þ

ľ

b

•

e

S

Facility Name/Affiliation:			Speciality:		
Mailing Address:					
City:	Stat	State/ZIP:	Phone:		
Bring a First-Time Colleague Bonus — I referred: 1	- I referred: 1.		. 2.		
Fax: e-mail:	ail:		Amount enclosed: \$	: \$	
By checking this box, I consent to have FMDA share my contact information with BCP 2022 exhibitors & supporters. FMDA relies on exhibitors and sponsors to help support the organization and the conference. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at FMDA's 31 <sup>st</sup> Annual Conference. Make checks payable to "FMDA" and mail to: 400 Executive Center Drive, #208, West Palm Beach, FL 33401	ave FMDA share my col help support the organi oporters as they promot IDA" and mail to: 400 E	ntact informati zation and the te their presen <b>xecutive Cent</b>	king this box, I consent to have FMDA share my contact information with BCP 2022 exhibitors & supporters. I n exhibitors and sponsors to help support the organization and the conference. We hope that you will opt-in to ntact information with our supporters as they promote their presence at FMDA's 31 <sup>st</sup> Annual Conference. <b>Make checks payable to "FMDA"</b> and <b>mail to: 400 Executive Center Drive, #208, West Palm Beach, FL 33401</b>	pporters. FMDA ill opt-in to sharing ence. FL 33401	
Our credit card charges are processed by PayPal — PayPal accounts are not required — You may pay as a guest.	ssed by PayPal — P <sub>i</sub>	ayPal accoui	nts are not required — You m	ay pay as a guest.	
Credit Card Information:   MasterCard  VISA  American Express  Discover	MasterCard		American Express	Discover	
Name on Card:	ö	Card Number:			
Expiration Date:	CVV:		Amount: \$		
Billing Address:					
Signature:		Date:			
Please Help us Be	tter Process V	our Reg	Please Help us Better Process Your Registration (agenda subject to change)	to change)	
<ol> <li>Yes, I would like to make a special meal request, please contact Shane Bellotti at sbellotti@fmda.org. 2. New FMDA members: Name of the FMDA member who referred vou?</li> <li>Yes. I am a 1<sup>st</sup>-time attendee. 4. NOTE: Due to space</li> </ol>	meal request, please co	ntact <b>Shane B</b> e	Illotti at sbellotti@fmda.org. 2. New FMDA members: Yes. I am a 1 <sup>st</sup> -time attendee. 4. NOTE: Due to space	ew FMDA members: NOTE: Due to space	
limitations. planned conference meals are provided only to registrants.	are provided only to rec	distrants.			

Ì

С

e

S

0

t

C

a

g

r

**Best Care Practices in the Post-Acute and** Long-Term Care Continuum 2022 400 Executive Center Drive, Suite 208 West Palm Beach, FL 33401

www.bestcarepractices.org Phone: (561) 689-6321 Fax: (561) 689-6324

WEST PALM BCH FL PRESORTED FIRST-CLASS Mail PERMIT NO. 3591 U.S. POSTAGE PAID



# Attention: MDs, DOs, CMDs, PharmDs, RPhs, ARNPs, PAs, DONs, RNs, and NHAs **Register online at <u>www.bestcarepractices.org</u>**

# Practices in the Post-Acute and Long-Term Care Continuum How Attendees Describe Last Year's Best Care Here's

resident, and now an attending physician – this meeting is outstanding "Have been attending the FMDA conference for 14 years as a student, and the group feels like family. It doesn't get any better than that!" Elizabeth Hames, DO, CMD; Homestead, FL

"Thanks for another EXCELLENT conference!"

Kimberly Jackson, PharmD, CPh; Jacksonville, FL

"I think it was very easy to connect with people and it was wonderful to have

Rick Foley, PharmD, CPh, FASCP, BCGP; Sorrento, FL

Keep up the good work – very well done."

Cesar Figueroa, MD; Delray Beach, FL

"Well organized and updated protocol."

info shared. Learned lots of new ideas and perspectives on patient care.

- Diane Sanders-Cepeda, DO, CMD; Cooper City, FL

"Thank you again for another wonderful conference! Learned tons of

valuable information from the preconference sessions."

Tamara Langley, APRN, FNP-BC; Riviera Beach, FL

- Kenya Rivas, MD, CMD; Miami, FL "It was an outstanding conference."

extend my gratitude and appreciation for your support in my career. "Thank you for providing outstanding opportunities for us to grow and learn all these years. Congratulations on 30 years!!! I want to Close to two decades you have supported me with education, provided opportunities, and reminded me every year how important our work in LTC is to our members. Jackie Hagman, APRN-GNP; Valrico, FL

- Eduardo Diaz, MD; Montverde, FL "I truly enjoy coming to this event."

"Presentations were pretty dynamic and kept focus on addressing possible strategies to be used in our settings. It was a great conference." Alfonso Gonzalez-Rodriguez, MD, MBA; Orlando, FL

"Fabulous conference – loved the variety of topics discussed." Samantha Quigley, PharmD, CPh; Odessa, FL

conference this year. I'm looking forward to next year." – Marcia Gilkes, APRN, DNP, MHNP-BC, GNP-BC; Loxahatchee, FL "This conference was great considering COVID-19 pandemic. FMDA did an awesome job of providing a safe effective

- Sujoy Khasnavis, MD; New Rochelle, NY – Hugh Thomas, DO, CMD; Oviedo, FL "All presentations were excellent!" "Always well organized."

"Great conference! Very happy with the content. Will be back next year." Sophia Lyn-ChinQue, FNP, AGPCNP; Wellington, FL

"Everything was well organized and presented." – Sujatha Baskar, MD, CMD; Tavares, FL

 Karl Dhana, MD, CMD; West Palm Beach, FL "Excellent conference as usual."

ATTENTION CERTIFIED MEDICAL DIRECTORS: Attendance at Best Care Practices in the Post-Acute and Long-Term Care Continuum meets your AMDA Certification CMD recertification live meeting requirement. Attend annually to earn live ABPLM pre-approved credits toward certification or recertification as a Certified Medical Director through the American Board of Post-Acute and Long-Term Care Medicine.