Nationally recognized speakers on cutting-edge issues that impact best practices
 Hear national leaders discuss COVID-19's impact on the post-acute and long-term care continuum
 Networking opportunities to establish and maintain relationships
 Earn continuing education credits for physicians, physician assistants, advanced practice nurses, nurse administrators, and nursing home administrators
 Medical Directors earn credit hours toward CMD certification

Virtual 29th Annual Conference



Joint Provided by FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine and AMDA – The Society for Post-Acute and Long-Term Care Medicine

Held in collaboration with the Florida Chapters of Gerontological Advanced Practice Nurses Association, National Association Directors of Nursing Administration, and Florida Geriatrics Society.









Oct. 21-25, 2020 Virtual Live Broadcast Conference



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CONTINUING MEDICAL EDUCATION for PHYSICIANS (MDs and DOs) & PHYSICIAN ASSISTANTS

Accreditation Statement: This live broadcast activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and FMDA - The Florida Society for Post-Acute and Long-Term Care Medicine. AMDA - The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.



Credit Designation Statement: AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 26.5 AMA PRA Category 1 CreditsTM. Physicians should claim credit commensurate with the extent of their participation in the activity.

CMD Credit Statement: This live activity has been pre-approved by ABPLM for a total of 17.5* management hours and 13.0* clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the American Board of Post-Acute and Long-Term Care Medicine. Each physician should claim only those hours of credit actually spent on the activity. (* Subject to change.)

This program has been approved by the Florida Board of Medicine, Florida Board of Osteopathic Medicine, and Florida Physician Assistants. CE Broker Program Tracking Number 20-666922.

American Osteopathic Association Credit: This program has been approved by the American Osteopathic Association for a maximum of 26.5 hours of AOA Category 2-A Credits.

PHARMACIST CONTINUING EDUCATION

General Pharmacist Credit: The Association for Medication Education (AME) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 26.5 contact hours.

Each individual session of this conference has received a separate Universal Activity Number (UAN). For details related to learning objectives, speakers, and UAN numbers for each session, go to www.bestcarepractices.org. ACPE credit is for pharmacists only.

Florida Consultant Recertification: Accreditation of the program for consultant pharmacist recertification is pending at the time of brochure printing. When further information is available, it will be posted at www.bestcarepractices.org.



CONTACT HOURS for ADVANCED PRACTICE NURSES

This activity has been submitted to the Alabama State Nurses Association (ASNA) for a total of 30.5 contact hours of continuing education and 26.5 maximum participant hours. ASNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CONTACT HOURS for NURSE ADMINISTRATORS, FLORIDA LICENSED NURSES, and LONG-TERM CARE ADMINISTRATORS

This educational program has been submitted to Florida Association Directors of Nursing Administration/LTC - Florida Department of Health, Division of Medical Quality Assurance (Florida Board of Nursing/Florida Board of Nursing Home Administrator CE Broker Provider ID Number 50-682) for a total of 30 contact hours of continuing education and 26 maximum participant hours.



Best Care Practices in the Post-Acute and Long-Term Care Continuum

Annual Program Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include (in chronological order): A Opioid Prescribing Controlled Substances A Preventing Medical Errors A Enhancing Clinical Competencies A Update on Telemedicine & Remote Patient Monitoring A Pharmacological Management of Behavioral Problems in Dementia A COVID-19 Pandemic Impact on PALTC: Deep Data Dive A Keynote: State of the State A Bridging the Gap in Clinical Nursing Home Care A Communication is Revolutionary: Reframing the Emergency Department Transition A Public Policy Spotlight A Resistant Pneumonia in Nursing Home Residents A Reducing Hospital Admissions with SNFIST Model A Billing & Coding in the Nursing Home A Guidelines for Constipation in the Long-Term Care Resident A Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions A Containment and Prevention of Multidrug-Resistant Organisms in PALTC A National Expert Panel: State of COVID-19 in PALTC A Case-Based Presentation that will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting A Keynote: PALTC Response to COVID-19 A New Approach to Quality Measurement A Assessing Nutritional Needs and Deficiencies Among Older Adults A Geriatric Nephrology & Hypertension A Geriatric Literature Review A AHCA Regulatory Update A Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use A Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities

Target Audience

This virtual conference is designed to educate physicians, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing in LTC, registered nurses, and long-term care administrators, as well as geriatricians, primary care and home care physicians, physicians considering becoming long-term care medical directors, hospice medical directors, or home care medical directors, and others with an interest in geriatrics and its continuum of care. The faculty includes national and regional authorities in the fields of medical direction, senior care pharmacology, post-acute and long-term care medicine, and geriatric medicine.

Annual Program Objectives

Upon completion of the Best Care Practices in the Post-Acute and Long-Term Continuum conference, participants should be able to:

- 1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum.
- 2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
- 3. Discuss the current and emerging responses to COVID-19 in postacute and long-term care.
- 4. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
- 5. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.6

Convenient Conference Registration Options

Mail the registration form on page 6 with the payment.
 Pay online with a credit card by going to www.bestcarepractices.org.

The Best Care Practices in the Post-Acute and Long-Term Care Continuum conference logo is a trademark of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine, Inc.

Best Care Practices in the Post-Acute and Long-Term Care Continuum

2020 Conference Agenda

Wednesday, Oct. 21

5-7 p.m. Virtual Conference Orientation & Welcome Reception with the Exhibitors (BYOB)

Optional Pre-conference Workshops: <u>Thursday, Oct. 22</u>

Florida Mandatory Licensure Renewal Courses

8-10 a.m. 101 – Opioid Prescribing Controlled Substances (2 hours)

◀ Joshua Lenchus, DO, RPh, FACP, SFHM; Past President, Florida Osteopathic Medical Association; Vice President, Florida Medical Association; Regional Chief Medical Officer, Broward Health Medical Center, Ft. Lauderdale

Please Note: This 2-hour live "Prescribing Controlled Substances" course is provided by the Florida Osteopathic Medical Association (FOMA) and has been approved by the Florida Boards of Medicine and Osteopathic Medicine to meet the mandatory physician requirement. Upon completion of session 101, FOMA will report these earned physician hours to CE Broker.

Non-physicians and physicians: While this activity meets the requirements for Florida licensed physicians, it is not intended to, nor does it meet the mandatory Controlled Substance requirements for the Florida Board of Pharmacy or any other Florida licensing board. However, it is approved for general contact hours for physicians (by AMDA/FMDA, AOA 1A), advanced practices nurses, pharmacists, physician assistants, nurses, and nursing home administrators.

This presentation is presented live broadcast and will not be recorded.

10:15 a.m.-12:15 p.m. 102 Preventing Medical Errors (2 hours)

Christopher L. Nuland, Esq.; General Counsel, Florida Chapter ACP; General Counsel, Florida Chapter, American College of Surgeons Committee and NP/PA Advisory Council

12:15-1:15 p.m. Annual Trade Show – Bring your own lunch!

1:15-4:15 p.m. 103 – Enhancing Clinical Competencies: Look Before You Leap (3 hours) Paul Katz, MD, CMD; Chair, Florida State University College of Medicine, Dept. of Geriatrics; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine;

Robert Kaplan, MD, FACP, CMD; Multi-Facility Medical Director; Past President, FMDA

Steven Levenson, MD, CMD; Regional Medical Director for Kentucky/Tennessee, Genesis Healthcare; Past President, AMDA.

START OF CONFERENCE

4:25-5:25 p.m. 104 – Update on Telemedicine & Remote Patient Monitoring (1 hour)

◀ John Whitman, MBA; Faculty, The Wharton School; and Executive Director, The TRECS Institute

5:35-6:35 p.m. 105 – Pharmacological Management of Behavioral Problems in Dementia (1 hour)

◄ Ariel Cole, MD, FAAFP, CMD; Director, Geriatric Fellowship, AdventHealth, Winter Park, FL; Assistant Director, AdventHealth Family Medicine Residency; Clerkship Director, Dept. of Geriatrics, Florida State University College of Medicine; Assistant Professor, University of Central Florida College of Medicine

◄ Alan Obringer, RPh, CPh, CGP; President, Guardian Pharmacy of Orlando

Friday, Oct. 23

7:45-8:30 a.m. FMDA Annual Membership Meeting

8:35-8:45 a.m. President's Welcome – Angel Tafur, MD, CMD

8:45-9:45 a.m. 106 – COVID-19 Pandemic Impact on PALTC: Deep Data Dive (1 hour)

Rhonda Randall, DO; EVP & Chief Medical Officer, UnitedHealthcare Employer & Individual; Immediate Past President, FMDA

9:55-10:55 a.m. 107 – Keynote: State of the State (1 hour) Arry C. Mayhew, Secretary, Agency for Health Care Administration

11:05 a.m.-12:05 p.m. 108 – Bridging the Gap in Clinical Nursing Home Care: Bold Steps Needed (1 hour)

Ron Shumacher, MD, FACP, CMD; Chief Medical Officer, Optum Care Services

◄ David Grabowski, PhD; Professor Healthcare Policy Harvard Medical School

David LeVine, MD, CMD; Chief Medical Officer, Menorah Manor, St. Petersburg, FL; Clinical Associate Professor, Kansas City University of Medicine and Biosciences College of Osteopathic Medicine

12:05-1:05 p.m. Product Theater: Sponsored by AME (non-CME/CPE/CE)

1:05-2:05 p.m. 109 – Communication is Revolutionary: Reframing the Emergency Department Transition (1 hour) ◀ Adam Perry, MD; Faculty, Geriatric Emergency Department Collaborative; Reviewer, Geriatric Emergency Department Accreditation Program; and Geriatric Emergency Medicine Lead, Wilkes Barre General Hospital, PA

2:05-3:20 p.m. Annual Trade Show

3:20-4:20 p.m. CONCURRENT SESSIONS A

110 – Public Policy Spotlight (1 hour)

Alex Bardakh, MPP, PLC; Director, Public Policy & Advocacy; AMDA – The Society for Post-Acute and Long-Term Care Medicine

111 – Resistant Pneumonia in Nursing Home Residents (1 hour)

◄ Aleksander Shalshin MD, CMD, FCCP, FASAM FACP; Chief, Pulmonary Medicine, Plainview Hospital, Northwell Health, Syosset, NY

4:35-5:35 p.m. CONCURRENT SESSIONS B

112 - Reducing Hospital Admissions with SNFIST Model (1 hour)

◄ Adrian Burrowes, MD, FAAFP; CEO of CFP Physicians Group, Casselberry, FL

Peter Schoch, MD; Chief Medical Officer of Integrated Health Services for AdventHealth's Central Florida Division

◄ Arlene Herrin, MHSA; VP Healthcare AdventHealth Orlando

113 – Billing & Coding in the Nursing Home (1 hour)

Leonard M. Gelman, MD, CMD; Past-President of AMDA and NYMDA; private practice, Ballston Spa, NY

5:50-6:50 p.m. CONCURRENT SESSIONS C

114 – Guidelines for Constipation in the Long-Term Care Resident (1 hour)

◄ Georgiana C. Hogan, RN, BSN, CHPN, DNP; is a Community Living Center Registered Nurse, Charles George VA Medical Center, Asheville, NC

115 – Operationalizing Frailty - A Clinical Strategy to Recognize Risk and Reduce Readmissions (1 hour) ◄ Dr. Steven Buslovich, MD, CMD, MSHCPM; Medical Director, BLT Medical Group, New York State Center for Excellence in

Bioinformatics and Life Sciences; and ◀ Margaret Sayers, MS, NP; Vice President Product & Research, Patient Pattern

Saturday, Oct. 24

8-9 a.m. 116 – Containment and Prevention of Multidrug-Resistant Organisms (MDROs) in PALTC (1 hour)

◄ Kara M. Jacobs Slifka, MD, MPH; LCDR, United States Public Health Service, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention

2020 Conference Agenda

✓ Nychie Dotson, PhD, MPH, CIC, CPHQ, FAPIC; Health Care-Associated Infection Prevention Program Manager, Bureau of Epidemiology, Division of Disease Control & Health Protection, Florida Department of Health

9:10-10:40 a.m. 117 – National Expert Panel: State of COVID-19 in PALTC (1.5 hours)

◄ David A. Nace, MD, MPH, CMD; Associate Professor of Medicine and Director of Long-Term Care, Division of Geriatric Medicine, University of Pittsburgh Institute on Aging; Chief of Medical Affairs, UPMC Senior Communities; Chair, Public Policy Committee and President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◄ Dana Saffel, PharmD; President, CEO, PharmaCare Strategies; Sean C. Cannone, DO, CMD; Medical Director, Post-Acute Care & Home Care Ohio Zone 1 COVID-19 Clinical Lead, University Hospitals Population Health

◀ Nimalie D. Stone, MD, MS; Team Lead, Long-Term Care Prevention and Response Branch, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention

Moderator: Naushira Pandya, MD, CMD; Chair, Department of Geriatrics, Nova Southeastern College of Osteopathic Medicine; Past-President, AMDA

10:55 a.m.-12:25 p.m. 118 – The Unlucky 13: A Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting (1 hour)

◄ Shark Bird, MD, CMD, CWSP; Chief Medical Officer, Vohra Would Physicians

◀ Janet S. Mackenzie, MD, ABPS, ABWM; Fellowship Director, Physician Mentor, Regional Physician Lead, and Physician Trainer for Vohra Wound Physicians

1:45-2:05 p.m. Awards & Recognition

2:15-3:15 p.m. 119 – Keynote: PALTC Response to COVID-19 (1 hour)

 Michael R. Wasserman, MD, CMD; President and Chair, Education Committee, California Association of Long-Term Care Medicine

3:30-4:30 p.m. 120 – A New Approach to Quality Measurement: Focus on the Provider (1 hour)

◄ Paul Katz, MD, CMD; Chair, Florida State University College of Medicine, Dept. of Geriatrics; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine

◄ Andrea Moser, MD, MSc, CCFP, FCFP; Assistant Professor, Department of Family and Community Medicine, University of Toronto

4:35-6:05 p.m. Meet & Greet in the Trade Show Lobby

6:05-7:05 p.m. CONCURRENT SESSIONS D

121 – Assessing Nutritional Needs and Deficiencies Among Older Adults (1 hour)

 Jorge Camilo Mora, DO; Director of Geriatrics, Associate Professor Herbert Wertheim College of Medicine, Florida International University

122 – Geriatric Nephrology & Hypertension (1 hour)

Pooja Poudel, MD; Geriatric Fellow, Section of Geriatric Medicine, Department of Internal Medicine, LSU Health Sciences Center in New Orleans School of Medicine

◀ Diala Tareq Khirfan, MD; Nephrology Fellow, Section of Nephrology and Hypertension, LSU Health Sciences Center in New Orleans School of Medicine

Sunday, Oct. 25

7-7:45 a.m. Conference Planning Committee Review & Wrap-up Meeting

7:50-8:50 a.m. 123 – Geriatric Literature Review (1 hour) ◄ Niharika Suchak, MBBS, MHS, FACP, AGSF; Associate Professor, Department of Geriatrics, Florida State University College of Medicine

9-10 a.m. 124 – AHCA Regulatory Update (1 hour) ◄ Kimberly R. Smoak, MSH, QIDP; Chief of Field Operations/ State Survey Agency Director, Division of Health Quality Assurance, Agency for Health Care Administration

10:15-11:15 a.m. 125 – Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use (1 hour)

F. Michael Gloth, III, MD, FACP, AGSF, CMD; Associate Professor of Medicine, Division of Geriatric Medicine & Gerontology Johns Hopkins University School of Medicine; Clinical Professor, Department of Geriatrics, Florida State University College of Medicine

11:30 a.m.-12:30 p.m. 126 – Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities (1 hour)

◄ Bernardo Reyes Fernandez, MD, CMD; Assistant Professor of Geriatrics, Charles E. Schmidt College of Medicine at Florida Atlantic University (FAU)

12:35 p.m.

END OF CONFERENCE – Announcements, Door Prizes, etc.

- Please note that the speakers and topics for this meeting are subject to change without notice.

Bonus for Bringing a First-Time Attendee!

Bring a new colleague registrant to the 2020 Annual Conference and you both will receive a \$25 gift card!

Guidelines: **1**. First-Time Attendees may not have attended in the past three years, nor be a member of your immediate family. **2**. There is a limit of two \$25 gift cards per attendee. **3**. Take advantage of this special offer by mentioning whom you referred when you register online or by mail. **4**. Both you and your colleague must pay in full, in advance by **Oct. 8**. **5**. This is a special program that will end on **Oct. 8**. **6**. Your **GIFT CARD BONUS** will be mailed to you 1-2 weeks after the conference.

For more information, please contact Shane Bellotti, Member Services Manager, (561) 689-6321.

* Product Theaters – CE/CME credit is not available for Product Theaters.

Best Care Practices in the Post-Acute and Long-Term Care Continuum

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2020 REGISTRATION* FORM

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| res, I would like to register now: | A, or O FGS \$389; or Both: \$429 | and AHPRC members \$479; or Both: \$519 | \$529; or Both: \$569 \$ | e Membership (Both) \$650 | nal medicine (Live Broadcast) \$75 or (Live Broadcast) | dcast or Recorded — Except #101 | reventing Medical Errors (2-hrs.) \$50 each א א נוסא פאסעים | | \$175 | on Sunday, Oct. 25, Trade Show admission, and | corded) is provided by Florida Osteopathic Medical edicine to meet the mandatory physician requirement. <i>Jon-physicians and physicians</i> : While this activity andatory Controlled Substance requirements for the ral contact hours for physicians (by AMDA/FMDA and nursing home administrators. |
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| Annual Conference Registration Fees* | A. Paid-up members: (choose one) O FMDA, O NADONA, O FL-GAPN C Select One – Live Broadcast Only: \$339; Recorded Only: | B. New/renewing FMDA members [±] : Includes \$90 for annual dues for General □ Select One – Live Broadcast Only: \$429; Recorded Only: | C. Non-member Practitioners: Select One- Live Broadcast Only: \$479; Recorded Only: | D. Unlicensed Registrants: Full registration* includes Organizational Affiliate Membership (Both) | E. Physician Fellows, Interns, and Residents in geriatrics, family practice, or internal medicine (Live Broadcast) F. Full-time Students: MD/DO/PA/NP/RN/PharmD/RPh/NHA or ALF administrator (Live Broadcast) | Optional Pre-conference Session Fees for Oct. 22 — Available Live Broadcast or Recorded — Except #101 | i. Florida Mandatory Licensure Update Courses — \$50 each, or \$95 for both a. #101: Opioid Prescribing Controlled Substances** (2-hrs.) b. #102: Preventing Medical Errors (2-hrs.) a. #101 and #102 above | | iv. All three (3) Preconference sessions | *REGISTRATION FEE: Includes attendance at educational sessions #104 on Oct. 23 to #126 on Sunday, Oct. 25, Trade Show admission, and product theaters. All preconference workshops are extra. | **The 2-hour Prescribing Controlled Substances course (only available live and will not be recorded) is provided by Florida Osteopathic Medical Association (FOMA) and has been approved by the Florida Boards of Medicine and Osteopathic Medicine to meet the mandatory physician requirement. Upon completion of session 101, FOMA will report these earned physician hours to CE Broker. <i>Non-physicians and physicians</i> : While this activity meets the requirements for Florida licensed physicians, it is not intended to, nor does it meet the mandatory Controlled Substance requirements for the Florida licensing board. However, it is approved for general contact hours for physicians (by AMDA/FMDA and AOA Category 1-A), advanced practices nurses, pharmacists, physician assistants, nurses, and nursing home administrators. |
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Here's How Attendees Describe Best Care Practices in the Long-Term Care Continuum Post-Acute and

"This is a very well organized and informative event! Very high quality!" "Excellent conference! I look forward to attending every year!" "Very knowledgeable presenters and useful handout material." 'A fantastic conference! Very educational and informative!" 'Great speakers, with timely and informative information Maria Sepulveda, MSN, APRN, AGNP-BC; Miramar, FL "Another outstanding conference! This is completely my favorite conference to attend. I come away with "Always a great conference, and very educational!" 'It is my first time attending this meeting, but I am Mohammad Siddique, MD, CMD; Burr Ridge, IL Samantha Quigley, PharmD; Tallahassee, FL "All speakers and presenters were excellent!" "This program surpassed all expectations!" Bernard Jasmin, MD, CMD; Naples, FL Danny Honeycutt, MD; Charlotte, NC Bertha Carrion, DNP, APRN; Miami, FL planning to attend more in the future. Fadi Hawawini, DO, CMD; Kenner, L^J Patricia Butler, ARNP; Sarasota, FL John Savage, MD, Greencastle, IN Michelle Lewis, APRN; Tampa, FL an even greater desire to learn." that pertains to our patients!" clinical, administrative, regulatory, and research. Such an excellent meeting!" "This conference always provides the perfect blend of topic offerings – Myriam Pinchinat-Vassor, MSN, ARNP, ANP-BC, Port St. Lucie, FL "This is the only conference that truly addresses the issues that "This conference not only meets but exceeds all expectations! "I took off work as an RN to come for this. Best decision ever. "Great conference, it really enhances my geriatric knowledge." geriatricians face on a day-to-day basis. Great conference!" and share knowledge to assist with taking care of patients." "I look forward to this conference every year to obtain 'All of the presentations were great, and I learned Naushira Pandya, MD, CMD; Fort Lauderdale, FL Elizabeth Hames, DO, CMD; Homestead, FL Very up-to-date and current information." Douglas Braun, CPh, PharmD; Naples, FL Yvonne Buchanan, MD; Mount Dora, FL Jacqueline Hagman, ARNP; Tampa, FL Can't wait to go next year!" Christine Holderman, RN; Orlando, FL a lot as a geriatric fellow in training." "Fantastic presentations all around!" Au-Co Nguyen, DO; Aventura, FL lan Chua, MD; Orlando, FL "Great job as always!"

Attention Certified Medical Directors: Attendance at Best Care Practices in the Post-Acute and Long-Term Care Continuum meets your AMDA Certification CMD recertification live meeting requirement. Attend annually to earn live ABPLM pre-approved credits toward certification or recertification as a Certified Medical Director through the American Board of Post-Acute and Long-Term Care Medicine.