

Policy and Clinical Issues Facing LTC in 2024

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AHCA[®]
AMERICAN HEALTH CARE ASSOCIATION

NCAL[®]
NATIONAL CENTER FOR ASSISTED LIVING

Who is AHCA

- Large National Trade Association
 - with state affiliate in all States (except MT)
- Represent
 - ~10,000 Skilled nursing centers
 - ~4,000 Assisted living communities
 - Provider owned I-SNPs
 - Clinically Integrated Provider Networks

Policies Impacting Common Outcomes

LTC Policies & Programs....

- Reimbursement
 - PDPM
 - SNF VBP
 - Managed Care
 - SNPs
 - ACOs
 - Alternate payment models
- Five Star
 - Staffing
 - SNF QRP
- Changing patient mix
 - SMI & OUD
 - Advanced dementia
 - Increasing acuity

**Common
Outcomes**

- Hospitalizations/ED use
- Satisfaction
- Antipsychotic use
- Function
- Staffing
- Infection Control



CMS Proposed Minimum Staffing

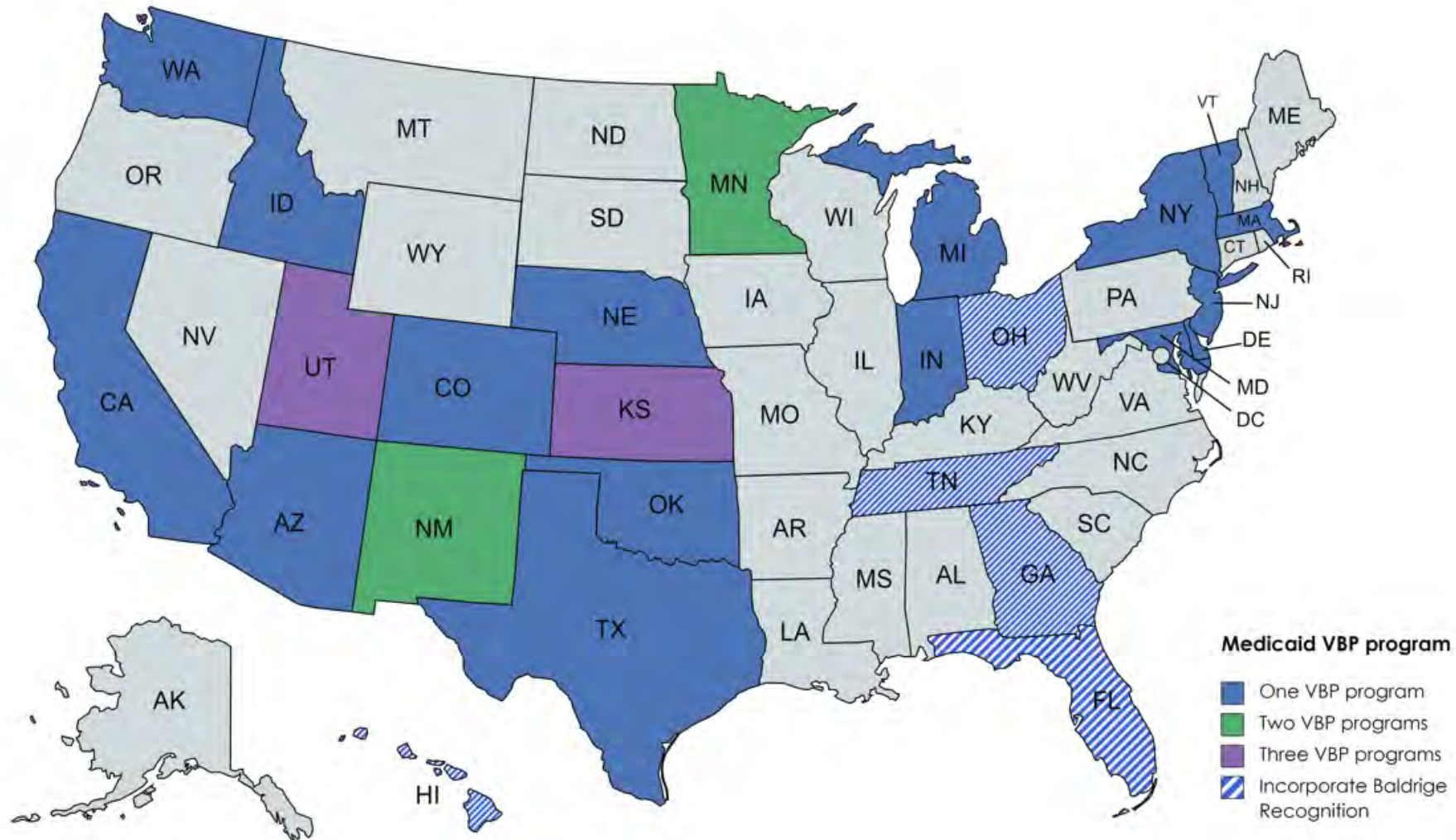
- Minimum HPRD for
 - RN: 0.55 HPRD
 - Nurse Aide (NA): 2.45 HPRD
 - No specific LPN requirement
- 24/7 RN
- If acuity needs of residents require more, higher RN and NA staffing level will also be required



Where We Are Today

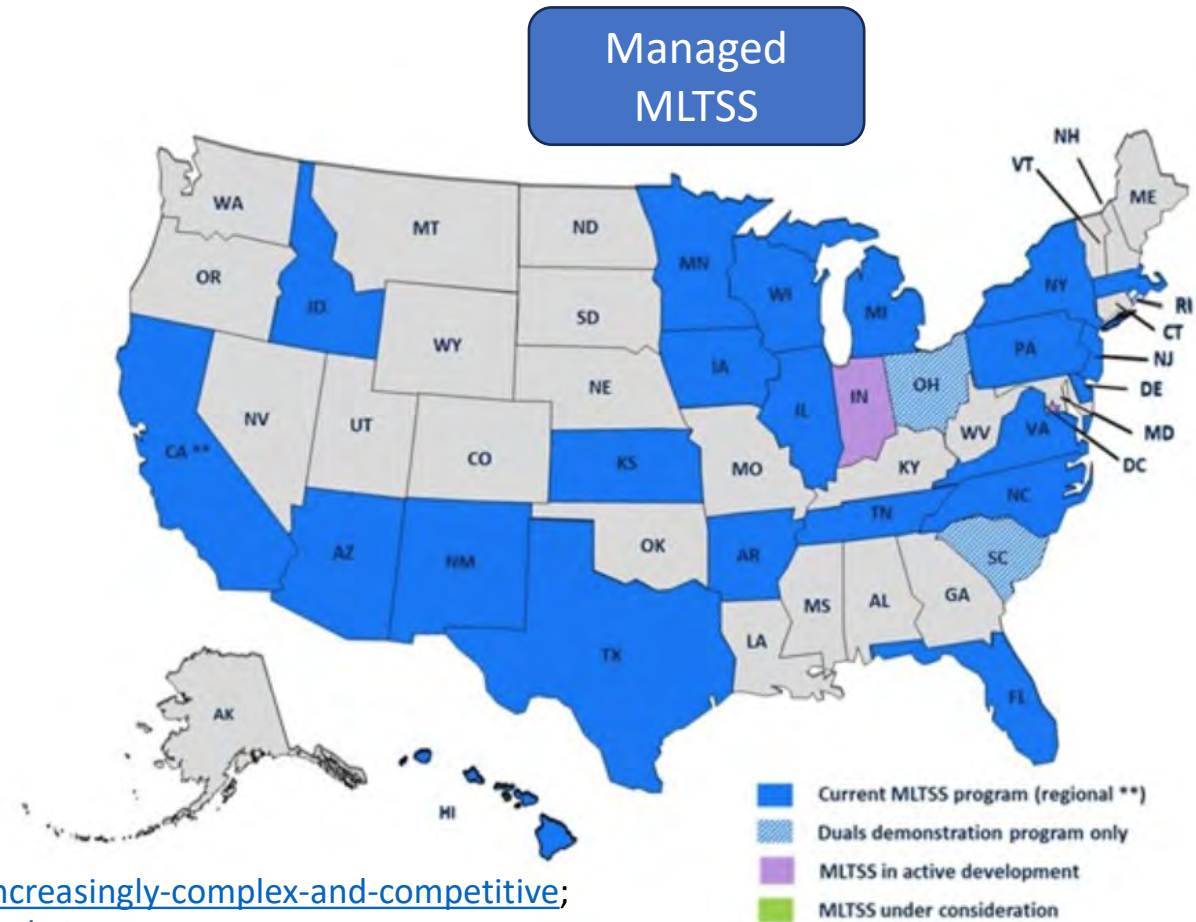
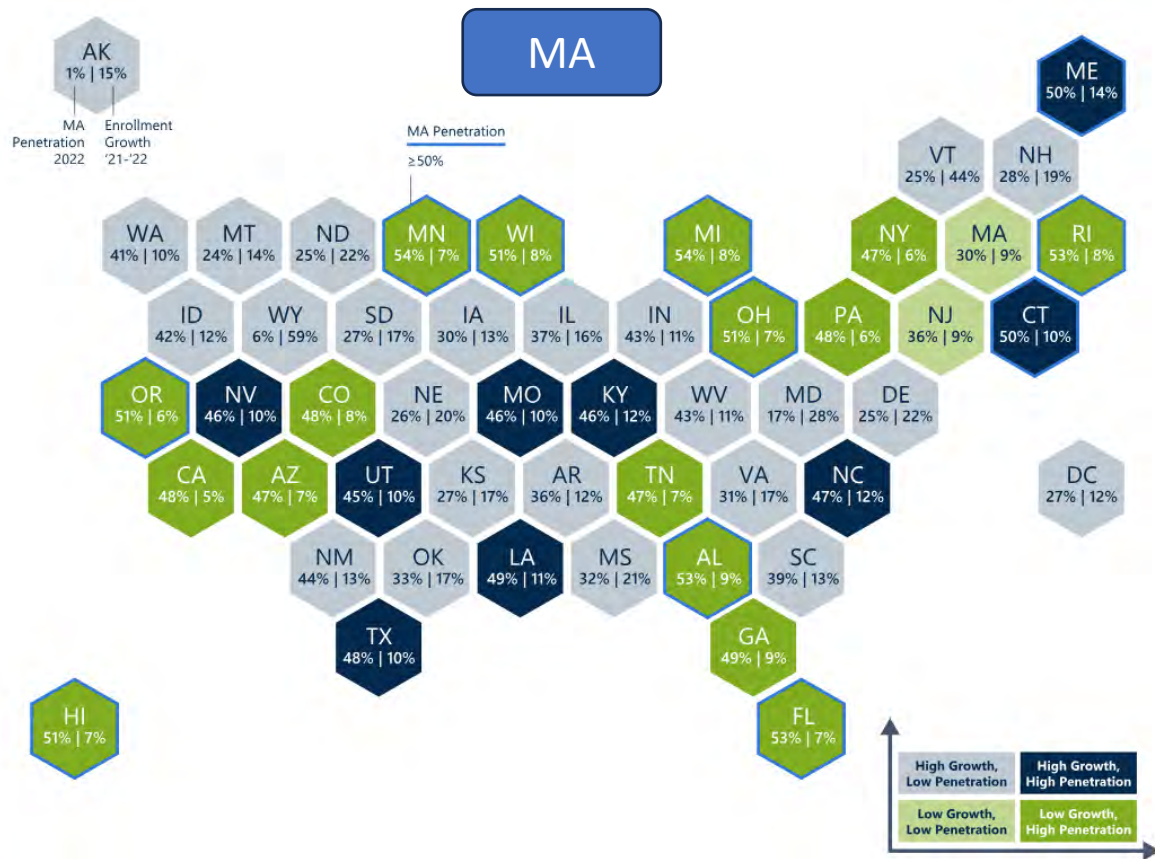
- 49% do **not** meet 0.55 RN HPRD
- 72% do **not** meet 2.45 NA HPRD
- 19% meet both RN & NA HPRD
- Estimate <20% facilities have 24/7 RN hours
 - PBJ has per day, not shift-level data

State Medicaid VBP programs incorporate Baldrige Recognition





Managed Care is the Majority



[https://www.chartis.com/insights/medicare-advantage-enrollment-continues-surge-increasingly-complex-and-competitive;](https://www.chartis.com/insights/medicare-advantage-enrollment-continues-surge-increasingly-complex-and-competitive)
<http://www.advancingstates.org/initiatives/managed-long-term-services-and-supports/mltss-map>



2023/2024 Provider-Owned Networks

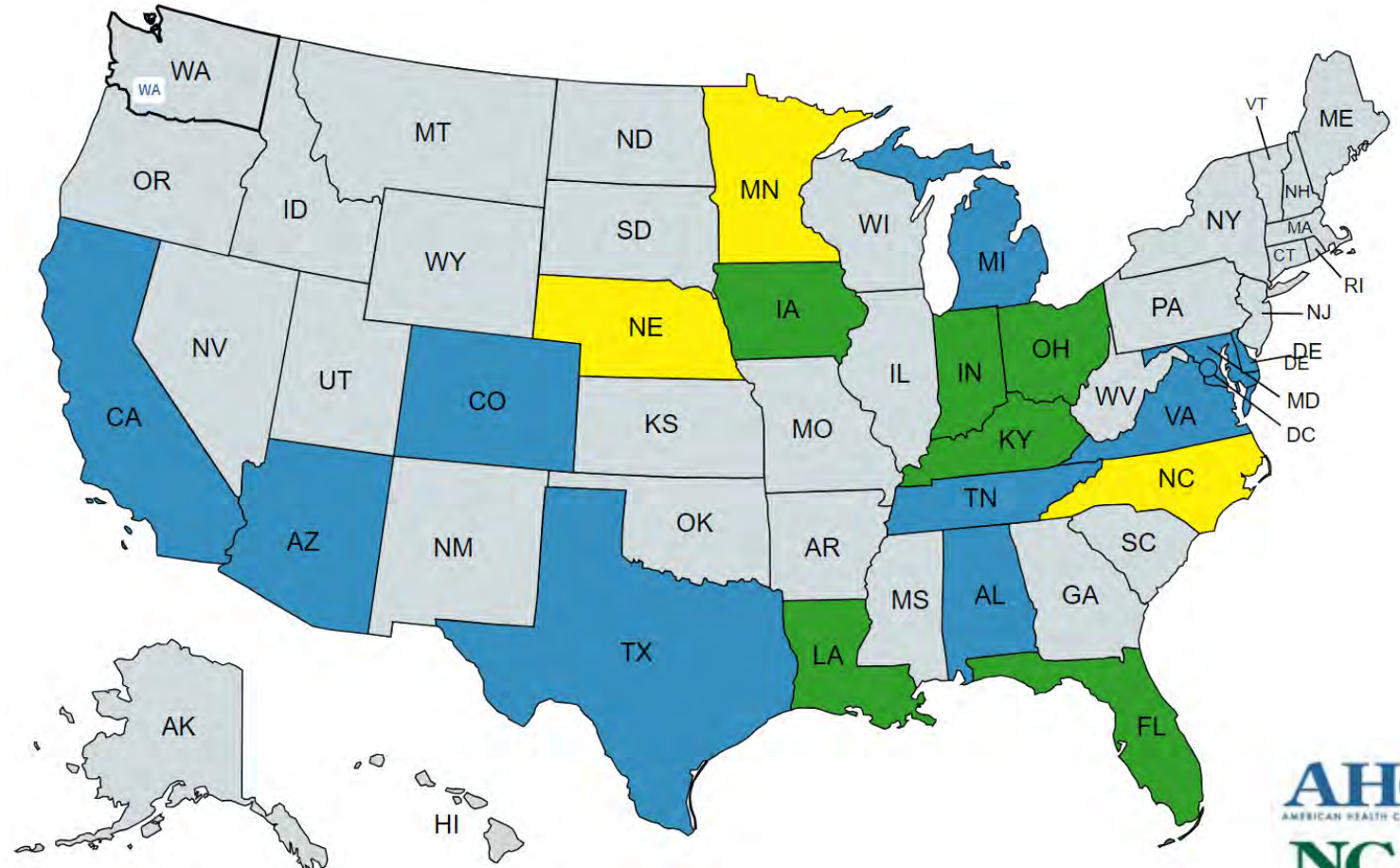
Operating (1,130 Providers)

- Iowa (181)
- Indiana (327)
- Ohio (168)
- Louisiana (141)
- Kentucky (113)
- Florida (200+)

Launching Next 2023

- Nebraska
- Minnesota
- North Carolina

Exploring/2024





Factors Impacting: Clinical outcomes

Non-Clinical	Clinical
<ul style="list-style-type: none">• Mindset• RN-MD communication• End of life discussions• Consistency with care delivery• RNs & NPs• Staff experience & competency• Availability of services• Transitions of Care	<ul style="list-style-type: none">• Acute illness• Healthcare Acquired infections• Medications<ul style="list-style-type: none">○ Anticoagulants○ Diabetic○ Antihypertensive• Miss diagnosis• Inappropriate treatment

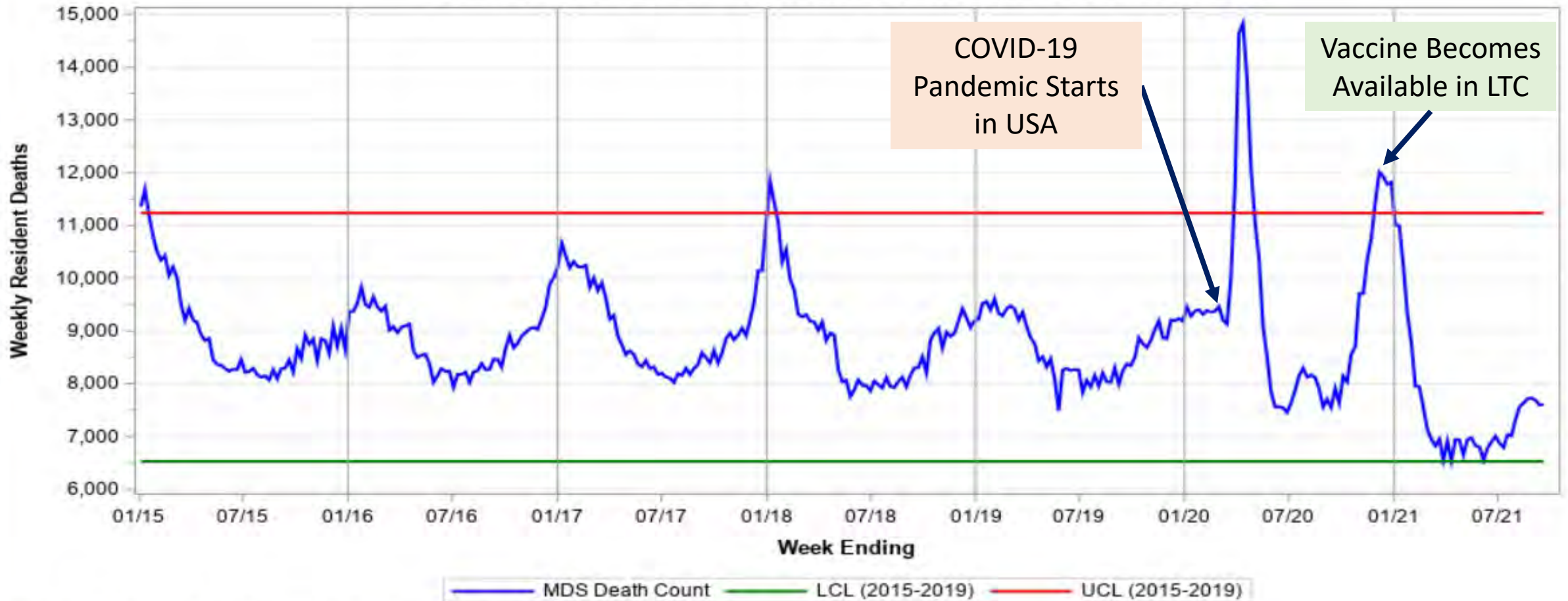
RN-MD communication

- Communication between MD and RN is often the leading factor impacting
 - Hospitalization and ER use
 - Medication prescribing
 - Laboratory & radiology tests
 - Family satisfaction
 - Liability



All Cause Deaths in LTC

Count of Deaths of SNF Residents per Week (Jan 2015 - Sep 2021)



Source: Minimum Data Set (MDS) 3.0 Resident Assessments